



SBCN NEWS LETTER

**BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH
(BHARATH UNIVERSITY)**

**MONTHLY NEWS LETTER OF SBCN
VOL 41. ISSUE 50. MARCH 2026.**



HIGHLIGHTS

STUDENTS TRIUMPHS

- ★ E-YUVA SCHEME – 3RD CALL
- ★ RESEARCH PROPOSAL

FACULTIES ACADEMIC ACCOMPLISHMENT

- ★ MALAVIYA NATIONAL MISSION ON TEACHERS AND TEACHING CENTRES (SHORT TERM COURSE) FEBRUARY -2026
- ★ POST BUDGET WEBINAR DISCUSSES WAYS TO USE BUDGET ANNOUNCEMENTS TO STRENGTHEN INDIA'S TELESCOPE ECOSYSTEM
- ★ PATENT

COLLEGE ACTIVITIES

- ★ BOOK PUBLICATION
- ★ WOMENS DAY CELEBRATION
- ★ WORLD RECORD UNION EVENT REGARDING RAISING AWARENESS ON BREAST CANCER.
- ★ FRONTIERS IN GLOBAL RESEARCH LEADING INNOVATION DEVELOPMENT & EVIDENCE.

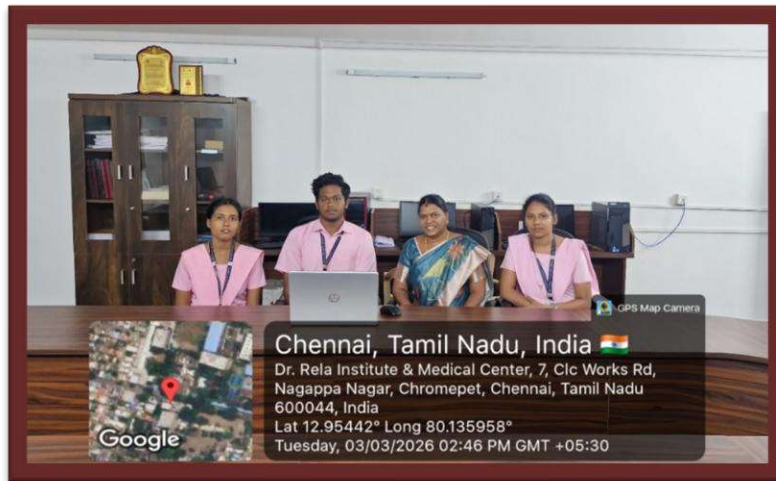
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REPORT ON FINAL EVALUATION OF PROPOSAL UNDER E-YUVA

E-YUVA Scheme – 3rd Call (TEP Meeting)

The Final Evaluation of Proposals under the **E-YUVA Scheme – 3rd Call** was conducted by the E-YUVA Center, Anna University, Chennai on **March 3, 2026 at 4:00 PM** through online as part of the Technical Evaluation Panel (TEP) Meeting.

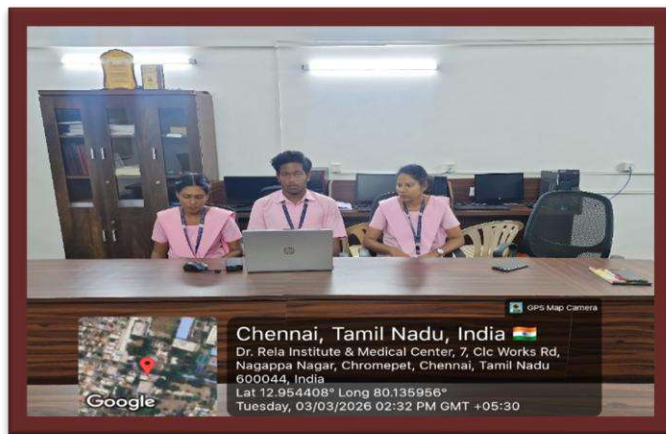


The session aimed to assess innovative project proposals submitted by various teams, focusing on feasibility, innovation, societal impact, and practical implementation.



Among the notable presentations, the project titled **“VIBGYOR Medicine Measuring Cup”** was presented by **Mr. P. M. Nikhil and Team**. The team clearly explained the concept of a color-coded (VIBGYOR-based) medicine measuring cup designed to enhance dosage accuracy, improve patient compliance, and reduce medication

errors, especially among children and elderly patients.



The presentation highlighted key features such as:

- Precise measurement markings starting from small quantities
- User-friendly and visually guided design
- Use of safe, BPA-free materials
- Applicability in hospitals, clinics, and home care settings

The panel members appreciated the innovation and practical relevance of the idea. Constructive feedback was provided regarding scalability, manufacturing feasibility, and potential for patent and commercialization.



The evaluation process was conducted in a systematic and transparent manner, ensuring that each proposal received fair consideration. The session concluded successfully with valuable insights shared by the expert panel. Following the presentation and evaluation at the TEP meeting, the team is awaiting the final outcome from **Biotechnology Industry Research Assistance Council (BIRAC)**, which will determine the selection for further support under the E-YUVA Scheme.

MALAVIYA NATIONAL MISSION ON TEACHERS AND TEACHING CENTRES (SHORT TERM COURSE) FEBRUARY -2026

The National Education Policy (NEP) 2020 underscores the need for motivated, energized, and capable faculty in higher education. The capacity building for teachers at all levels is a key focus. Existing mechanisms, namely UGC-Human Resource Development Centers (HRDCs) and Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching Centers (PMMMNTT), have significantly contributed to training faculty. However, continuous professional development is essential due to the dynamic nature of teaching and learning. Hence, the Malaviya Mission Teacher Training Programme (MMTTP) has been re-launched by



restructuring existing mechanisms to enhance the capacity and training of teachers/faculty. The mission aims to transform higher education by integrating Indian values and ethos into teaching, research, publications, patents, and institutional development.



Malaviya Mission Teacher Training Programme (MMTTP) of University Grants Commission (UGC), organized by UGC-Malaviya Mission Teacher Training Centre (UGC-MMTTC), conducted a short course **at MADURAI KAMARAJ UNIVERSITY, MADURAI, Tamil Nadu from 09.03.2026 to 14.03.2026 on ENGLISH & COMPARATIVE LITERATURE**. Our staff Dr. Vasantha kohila K R , Dr.C.Jegatha, Prof. V.Tamil kodi.

Topic: English and comparative literature

Dr. Vasantha kohila K R



Dr. C.Jegatha



Prof. V.Tamizhkodi



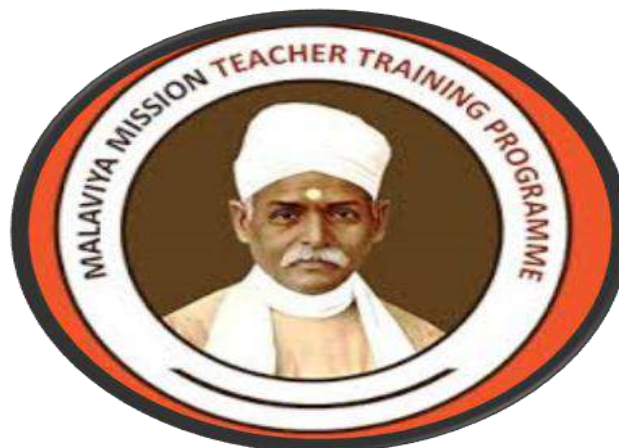
MALAVIYA COURSE- short term course

Topic: NEP 2020 Orientation & Sensitization programme

Mrs. Gayathri .M



Mrs. Mary Ann

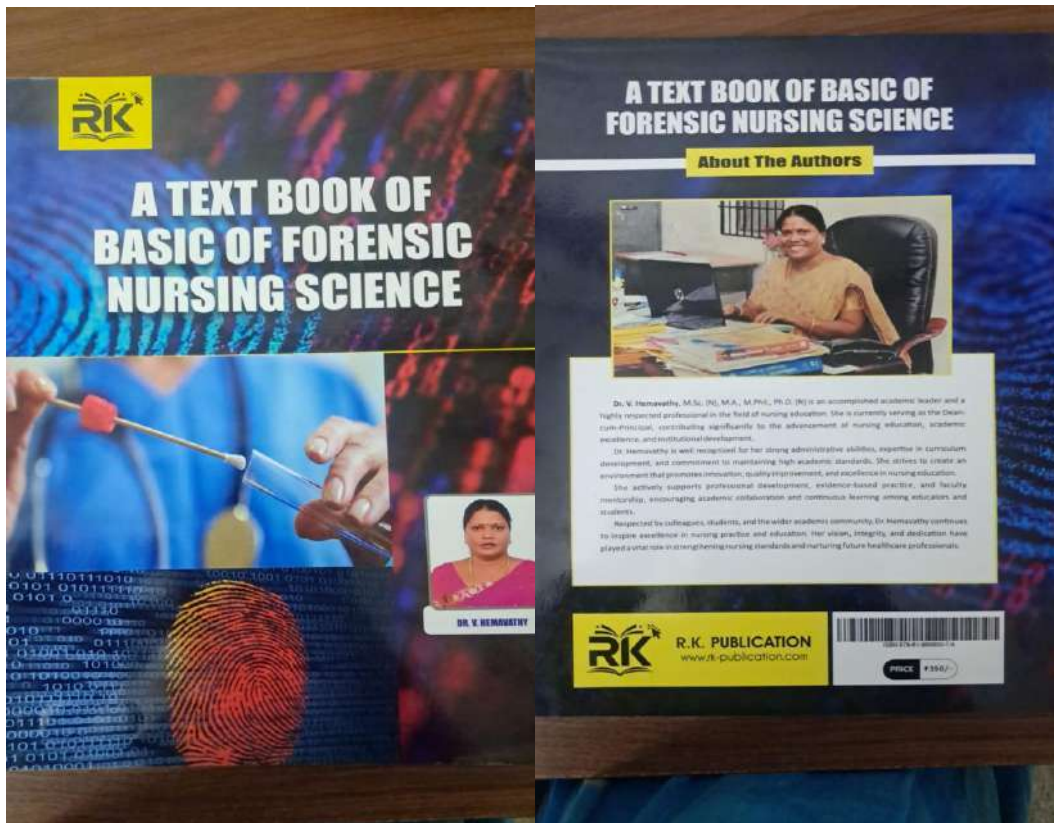


PUBLICATION OF BOOKS BY SBCN STAFF IN MARCH 2026

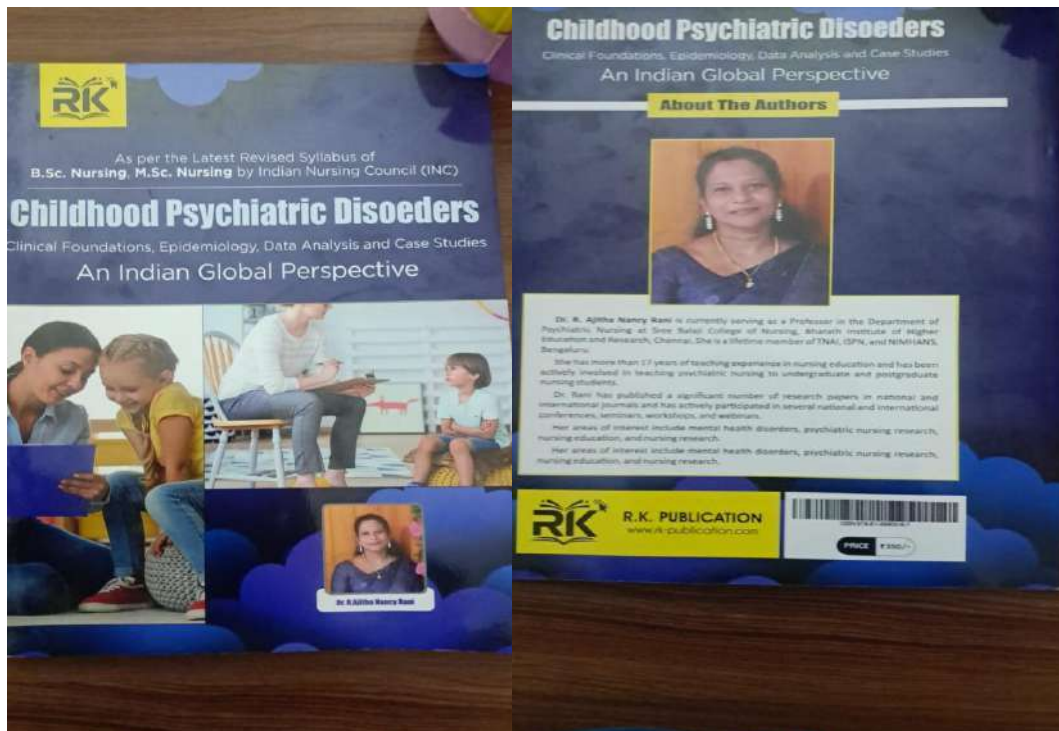
In March 2026, several Sree Balaji college of nursing staff members successfully published their books with various esteemed publishers. This notable achievement highlights their dedication to scholarly and creative pursuits.

S. No	Name Of the Teacher	Title of the Book/Chapters Published	Year of Publication	ISBN/ISSN	Name Of the Publisher
1.	Dr.V. Hemavathy	A Textbook of Basic of Forensic Nursing Science	2026	978-81-999900-7-4	R.K PUBLISHER
2.	Dr. Ajitha Nancy Rani	Childhood Psychiatric Disorder	2026	978-81-999900-6-7	R.K PUBLISHER
3.	Mrs Tamilkodi	Psychology For Nurses	2026	978-93-5692-392-8	R.K PUBLISHER
4.	Mrs.Pappy Yuvarani	Hand Book On High-Risk Newborn and Its Management	2026	978-93-47331-36-7	RG INTERNATIONAL PUBLISHER
5.	Dr. P. Priyadarshini	Bleeding Problems- Pregnancy and Postpartum	2026	978-93-47331-77-0	RG INTERNATIONAL PUBLISHER
6.	Mrs.R. Deepa	Assessment And Management of Women During Postnatal Period	2026	978-93-47331-28-2	RG INTERNATIONAL PUBLISHER
7.	Mrs.M. Saranya	Case Of Newborn	2026	978-93-47331-46-6	RG INTERNATIONAL PUBLISHER
8.	Mrs. Punitha.K	Handbook On Nursing Foundation for Post basic B.Sc Nursing	2026	978-81-999765-7-3	R.K PUBLISHER

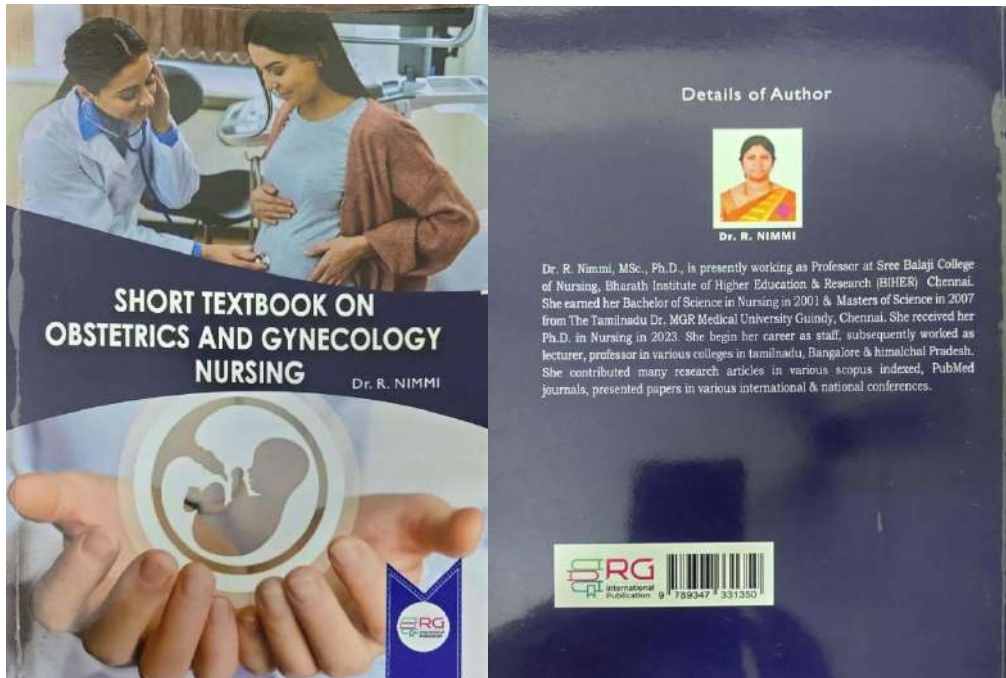
DR.V. HEMANATHY, PRINCIPAL/DEAN OF SBCN.



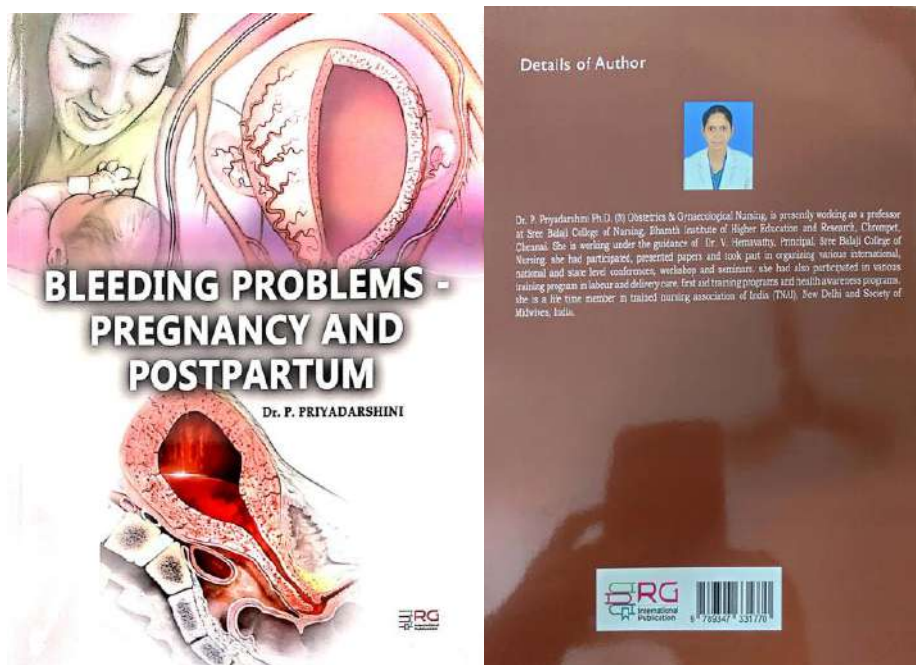
DR. AJITHA NANCY RANI



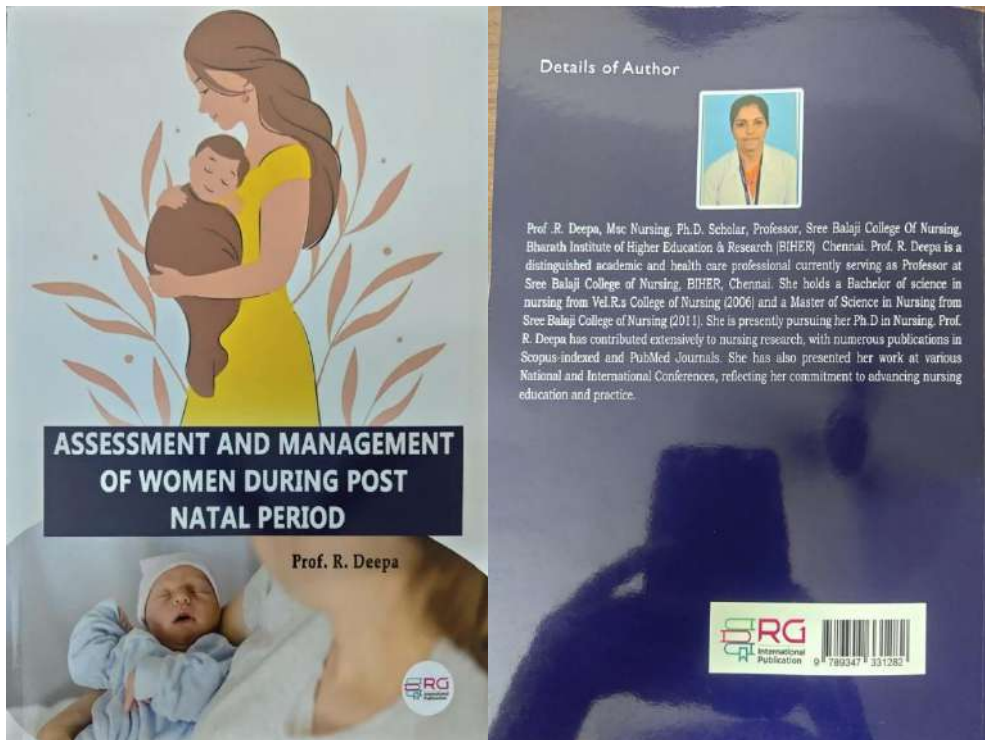
DR NIMMI



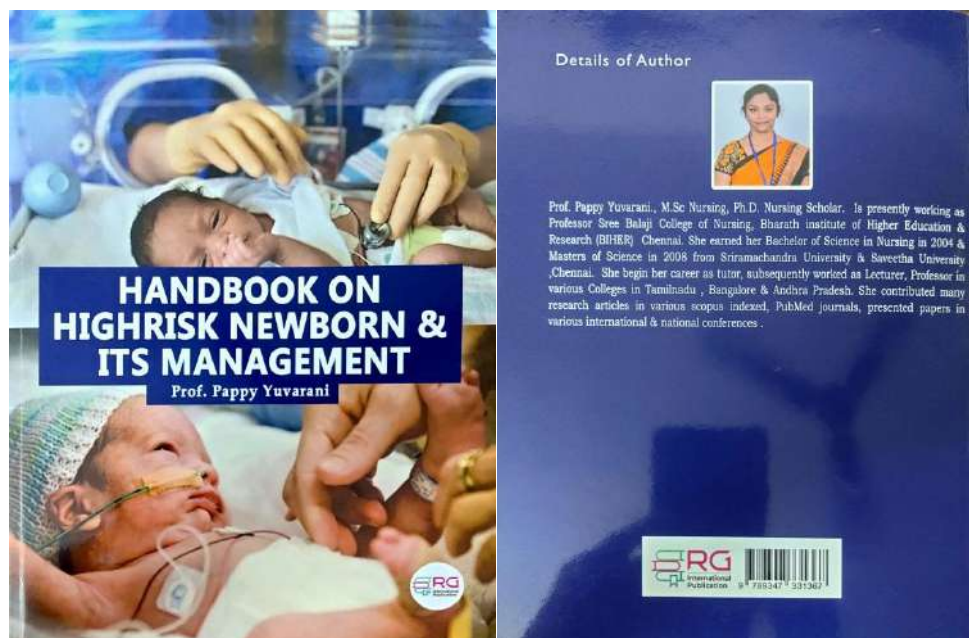
DR. PRIYADARSHINI



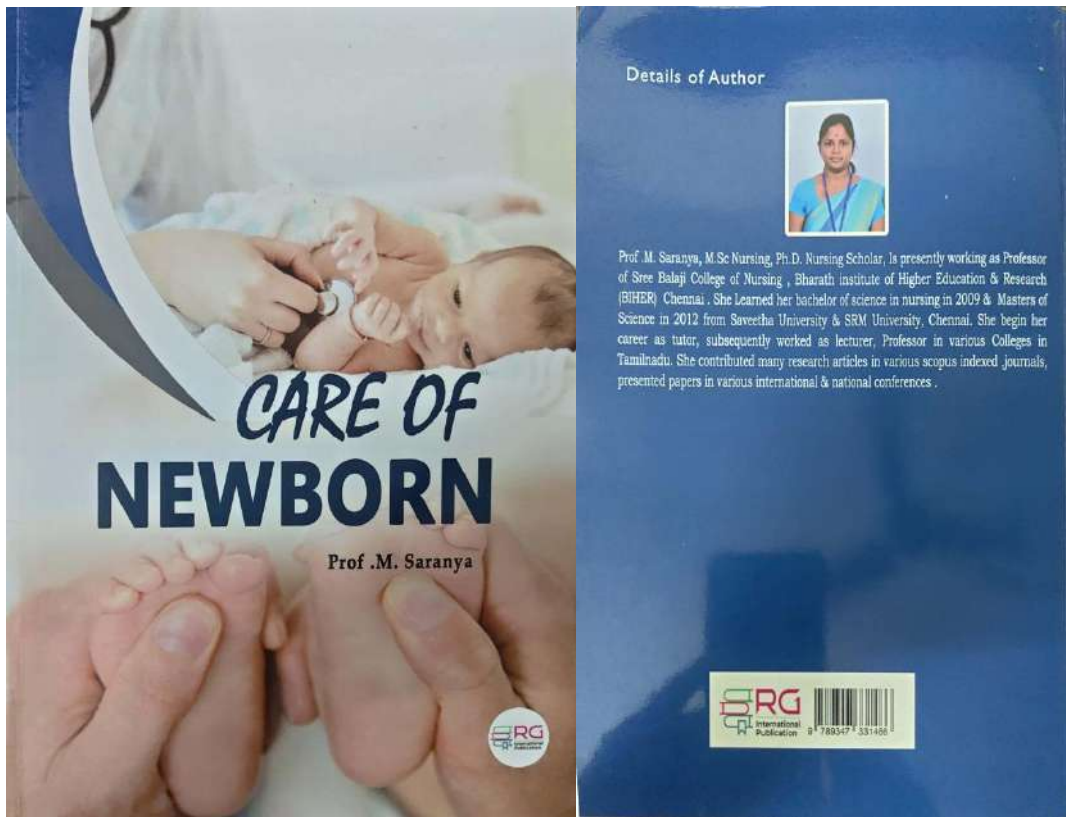
MRS DEEPA



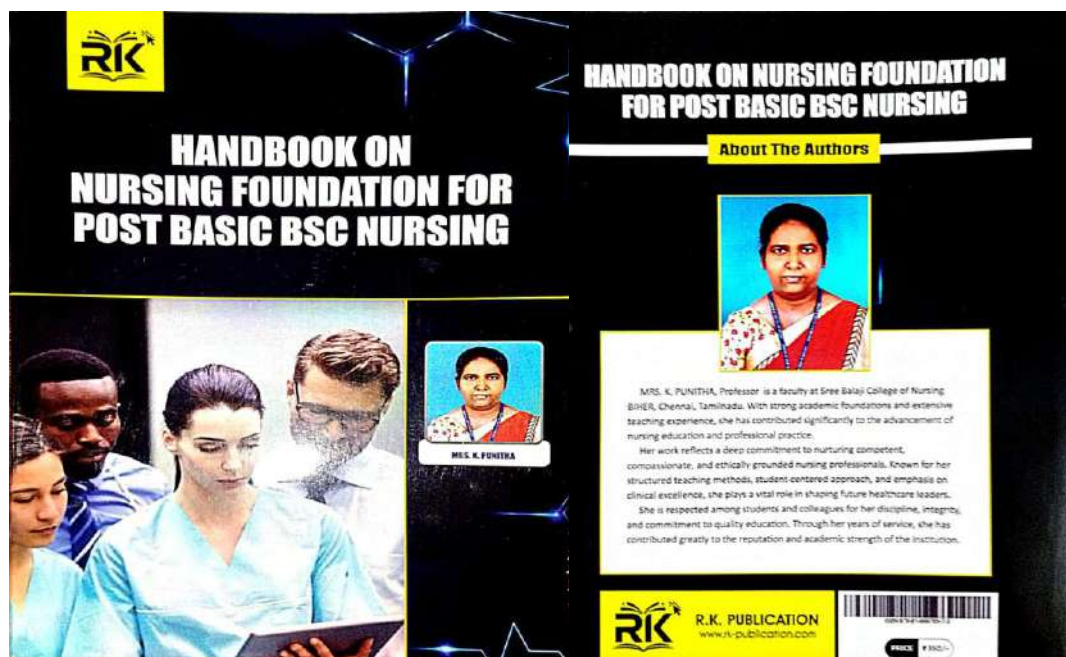
MRS PAPPY YUVARANI



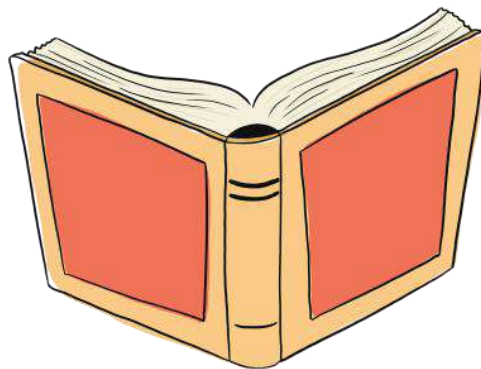
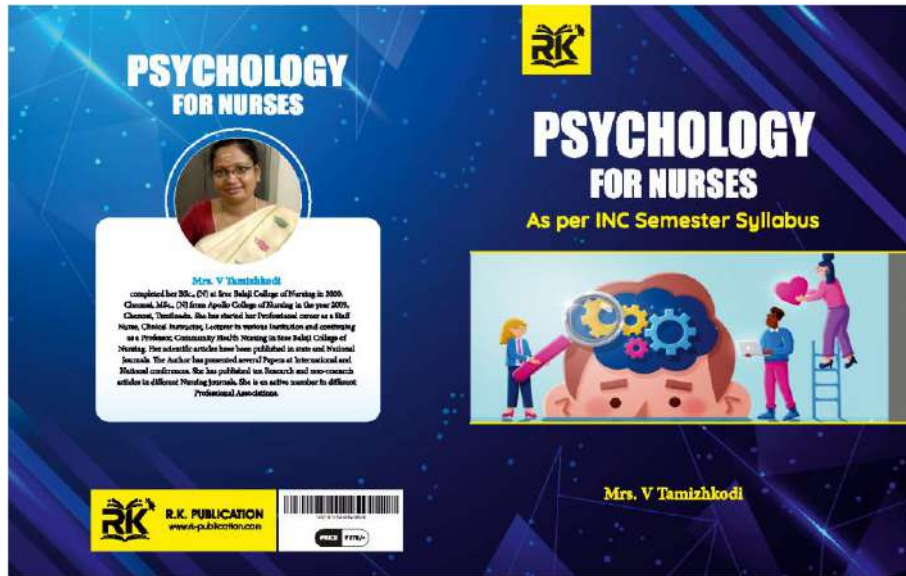
MRS SARANYA



MRS PUNITHA

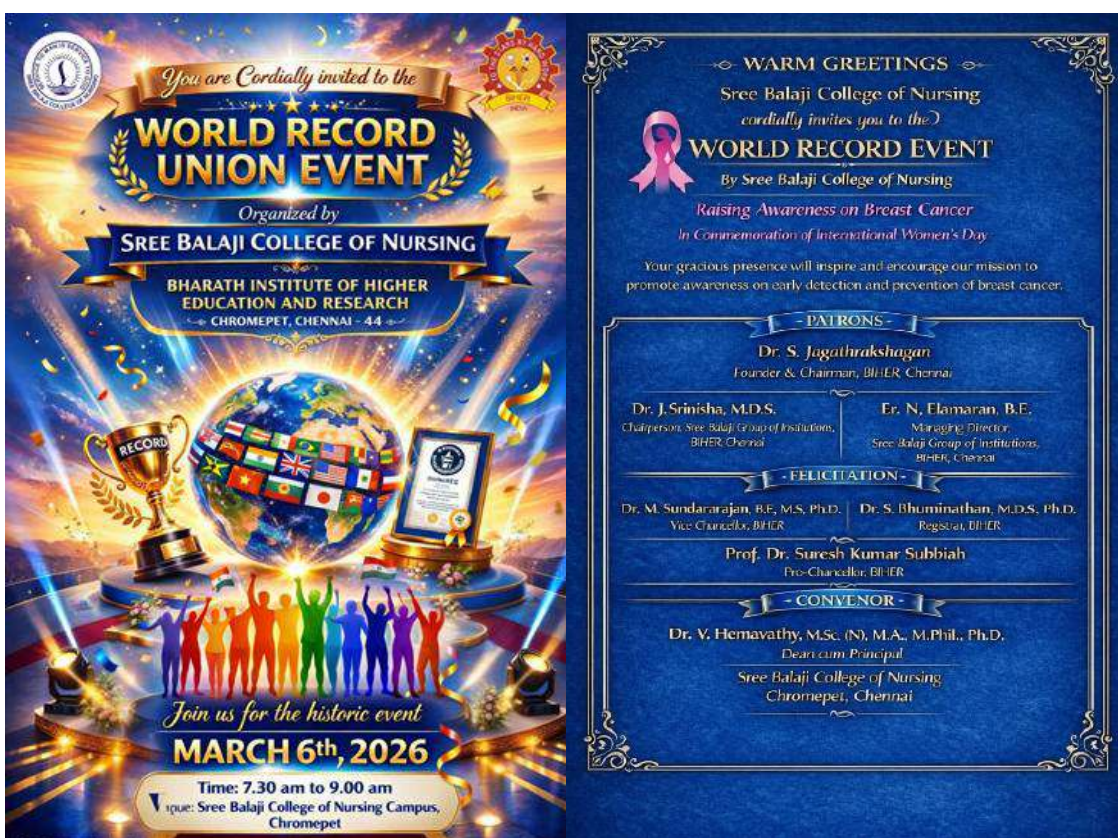


MRS TAMILKODI



WORLD RECORD UNION EVENT RAISING AWARENESS ON BREAST CANCER 6 MARCH 2026

A remarkable **WORLD RECORD UNION EVENT** was successfully conducted by **Sree Balaji College of Nursing** on 6 March 2026.



The event was organized with great enthusiasm and participation from faculty members, students, and dignitaries. The program highlighted the institution’s commitment to academic excellence, innovation, and social responsibility. Inaugural ceremony was done by all dignitaries on the stage



INAUGURAL CEREMONEY





The event commenced with a warm welcome to the distinguished dignitaries and participants. The program was formally inaugurated by the **Principal, Dr. V. Hemavathy**, who declared the event open. In her inaugural address, she emphasized the importance of awareness regarding breast cancer by using pink umbrella with white attire denoting as a peace.



**OATH
RECITATION
BY PRINCIPAL
DR. V.
HEMAVATHY**





PATRONS ON STAGE

The event was graced by several eminent personalities. The **Managing Director, Er. N. Elamaran**. The **Registrar of BIHER, Dr. Bhuminathan**, appreciated the efforts of the college in organizing such a prestigious event that brings recognition to the institution and motivates students toward excellence.



WELCOMING THE PATRONS BY PRINCIPAL

**PRINCIPAL HONORED BY
REGISTRAR**

The Pro-Chancellor of BIHER, **Dr. Suresh Kumar Subbiah**, addressed the gathering and highlighted the importance of teamwork, dedication, and commitment in achieving world record milestones. His words motivated the participants to continue striving for excellence in their academic and professional career



The event was also honored by the presence of **Dr. Sasi Kumar, Dean of Sree Balaji Medical College and Hospital**, who congratulated the organizing team and participants for their remarkable efforts in conducting the event successfully.



**DISCUSSION
WITH OFFICIAL
RECORD
MANAGER**



A special highlight of the event was the presence of the **Official Record Manager, Mr. Christopher Taylor Craft**, who supervised and validated the activities performed during the event for world record recognition. His presence added authenticity and significance to the program.

RECEIVING THE AWARD FROM MR. CHRISTOPHER TAYLOR CRAFT

During the program, **Principal Dr. V. Hemavathy** presented a detailed report about the objective, planning, and execution of the world record attempt. She acknowledged the dedicated contributions of the faculty members, students, and organizing team who worked tirelessly to make the event a grand success.





The event concluded with the **Vote of Thanks delivered by Dr. Vasantha Kohila**, who expressed sincere gratitude to the dignitaries, management, faculty members, students, media representatives, photographers, and all those who contributed to the successful conduct of the world record union event. The program ended on a positive note, marking a proud moment for **Sree Balaji College of Nursing**, and leaving an inspiring message about teamwork, innovation, and excellence.





BREAST CANCER AWARENESS RIBBON BY SREE BALAJI COLLEGE OF NURSING

INTERNATIONAL WOMEN'S DAY 2026

International Women's Day 2026 will be observed on March 8. The global campaign theme this year is "Rights. Justice. Action.

For ALL Women and Girls", focusing on equality, safety and access to justice for women.

The day celebrates women's contributions across social, economic, cultural and political fields, while also drawing attention to the challenges many women still face.

Sree balaji college of Nursing celebrated women's day on

march 8, 2026. Principal DR.V.Hemavathy issued gifts to our teaching and non teaching staffs



TEACHING STAFFS RECEIVING GIFTS FROM PRINCIPAL



STAFF RECEIVING THE GIFT ON WOMENS DAY CELEBRATION





NON - TEACHING STAFF RECEIVING GIFTS



POST BUDGET WEBINAR DISCUSSES WAYS TO USE BUDGET ANNOUNCEMENTS TO STRENGTHEN INDIA'S TELESCOPE ECOSYSTEM

Experts discussed ways of strengthening telescope infrastructure and overcoming geographical, gender, and generational gaps in firming up capacity in astronomy and futuristic technologies at a breakout session on Telescope Infrastructure Facilities of the post budget webinar “*Sabka Saath Sabka Vikas* – Fulfilling Aspirations of People.”

Hon’ble Prime Minister Shri Narendra Modi addressed the inaugural session of the Post Budget Webinar 2026–27 underscoring expanding STEM opportunities for youth and women and stressed on the need to reach the remotest regions to build capacity for an innovation-driven India.



In a major boost to mega-science facilities in the country, the budget of 2026-27 has announced four telescope infrastructure facilities to be set up or upgraded. These include the National Large Solar Telescope (NLST), the National Large Optical-Infrared Telescope (NLOT), the upgraded Himalayan Chandra Telescope (uHCT) and the COSMOS-2 Planetarium. The NLST will be built at Merak, Ladakh, while the NLOT and uHCT will be built at Hanle, Ladakh. COSMOS-2, the 2nd LED Dome planetarium to be built in India, will be constructed at Amaravathi.

**STAFF AND STUDENTS OF SREE BALAJI COLLEGE OF NURSING ATTENDED
ONLINE MEETING ON 9.3.2026**





RESEARCH PROPOSAL

INTRODUCTION:

We the M.Sc. Nursing Ist year students of Sree Balaji College of Nursing conducted our **Research Proposal on 12.03.26 at 3:00 pm** which went on till 4:00pm. Our respected Principal Dr. V Hemavathy ma'am, our research guides and the HOD's of the departments also participated in the proposal. We were guided by our coordinator Dr. Vasantha kohila and assistant coordinator Mrs. Tamil Kodi.

RESEARCH PROPOSAL : The proposal started at 3:00 pm,

Mrs. Malini presented her proposal on

TOPIC: A STUDY TO ASSESS THE EFFECTIVENESS OF PROGRESSIVE MUSCLE RELAXATION TECHNIQUES ON REDUCING INTRADIALYTIC ANXIETY TO ENHANCE PSYCHOLOGICAL WELL BEING AMONG CKD PATIENTS RECEIVING HEMODIALYSIS IN SELECTED HOSPITAL, CHENNAI



Ms. Monika presented her proposal on

TOPIC: A STUDY TO ASSESS THE EFFECTIVENESS OF WHEAT MUSTARD PLASTER APPLICATION IN REDUCTION OF KNEE JOINT PAIN, STIFFNESS TO ENHANCE PHYSICAL FUNCTION AMONG PATIENT WITH OSTEOARTHRITIS IN SELECTED SETTINGS, CHENNAI.



Mrs. Christina linsey presented her proposal on

TOPIC: EFFECTIVENESS OF EDUCATIONAL PROGRAMME ON NURSES PERFORMANCE REGARDING CARDIOTOCOGRAPHY (CTG) IN LABOUR UNITS



Ms. Jayashree presented on

TOPIC: EFFECT OF CAPACITY BUILDING PROGRAMME ON KNOWLEDGE, ATTITUDE, AND PRACTICE OF STAFF NURSES REGARDING CATHETER - ASSOCIATED URINARY TRACT INFECTION (CAUTI) AMONG PATIENTS UNDERGOING CAESAREAN SECTION IN A SELECTED HOSPITAL.



Ms. Jefiya Arputham continued after and presented her proposal on

TOPIC : A STUDY TO ASSESS THE EFFECTIVENESS OF VIDEO ASSISTED TEACHING PROGRAM ON KNOWLEDGE REGARDING OCULAR EXERCISES ON COMPUTER VISION SYNDROME AMONG ADOLESCENTS OF AGE 12-18 YEARS AT CHRIST KING MATRICULATION HIGHER SECONDARY SCHOOL, CHENNAI

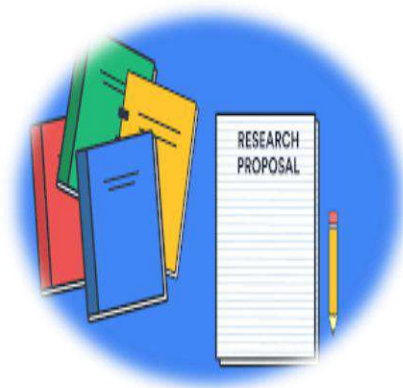


Finally Ms. Gayathri presented her proposal on

TOPIC: A STUDY TO ASSESS THE EFFECTIVENESS OF STRUCTURE TEACHING PROGRAMME ON KNOWLEDGE REGARDING INSTAGRAM ADDICTION AMONG NURSING STUDENTS AT SELECTED COLLEGE, CHENNAI



The research proposal got completed by 4:00 pm as we presented the statement, objectives, need for the study, review of literature and the methodologies.



INTERNATIONAL CONFERENCE – 2026

Sree Balaji College of Nursing organized an International conference on “*FRONTIERS IN GLOBAL RESEARCH LEADING INNOVATION DEVELOPMENT & EVIDENCE*” at T.R Raman Hall Sree Balaji Medical College & Hospital on *25, 26 March 2026*



 **SREE BALAJI COLLEGE OF NURSING** 
BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH (BIHER)
INTERNATIONAL CONFERENCE
ON
FRONTIGLIDE-26
“FRONTIERS IN GLOBAL RESEARCH LEADING INNOVATION
DEVELOPMENT & EVIDENCE”
25/03/2026 & 26/03/2026

**INTERNATIONAL
CONFERENCE**

PROGRAMME SCHEDULE

DAY 1 (25.03.2026)	
8.30am - 9.00am	REGISTRATION
9.00am - 10.00 am	PLENARY SESSION I
10.00am - 11.30am	INAUGURAL FUNCTION Prayer Song Lighting the Lamp Welcome Address Unfolding the theme Felicitation
11.30am- 12.00n	TEA BREAK
12.00n - 1.15pm	PLENARY SESSION II
1.15 pm - 2.15pm	LUNCH BREAK
2.15pm - 3.15pm	PLENARY SESSION III
3.15pm - 4.30pm	PLENARY SESSION IV

25th - 9am to 4pm Scientific Sessions (HALL-II)

DAY 2 (26.03.2026)	
9.00am - 10.00 am	PLENARY SESSION V
10.00am - 10.30am	TEA BREAK
10.30am- 11.30am	PLENARY SESSION VI
11.30am - 12.30pm	PLENARY SESSION VII
12.30pm - 1.30pm	PLENARY SESSION VIII
1.30pm - 2.30pm	LUNCH BREAK
2.30pm - 3.30pm	VALEDICTORY

26th - 9am to 4pm Scientific Sessions (HALL-II)



SREE BALAJI COLLEGE OF NURSING
BHARATH INSTITUTE OF HIGHER EDUCATION
AND RESEARCH (BIHER)
(Deemed to be University)

**INTERNATIONAL CONFERENCE
ON
FRONTIERS-26**

**“FRONTIERS IN GLOBAL RESEARCH
LEADING INNOVATION DEVELOPMENT &
EVIDENCE**

25TH & 26TH MARCH 2026

VENUE:
SREE BALAJI COLLEGE OF NURSING-ONLINE
TIME: 8.00 AM - 5.00PM

ORGANIZED BY:
SREE BALAJI COLLEGE OF NURSING
BIHER
NO.7, WORKS ROAD, CHROMPET,
CHENNAI, TAMIL NADU, INDIA

WARM GREETINGS

This conference Frontiers in Global Research Leading Innovation, Development and Evidence (FRONTIERS) serves as a global platform to exchange knowledge, foster collaboration, and explore innovative ideas that drive sustainable development and evidence-based progress across disciplines. May this conference encourage collaboration, spark new ideas and contribute to impactful global Nursing advancements and growth

PATRONS

Dr.S.JAGATHRAKSHAGAN, Founder & Chairman, BIHER
Dr.J.SRINISHA, M.D.S. Chairperson, Sree Balaji Group of Institution, BIHER, Chennai.
Er.N.ELAMARAN, B.E. Managing Director, Sree Balaji Group of Institution, BIHER, Chennai.

INAUGURAL ADDRESS

Dr. Muruganantham, Scientist E, RMRC
(Regional Medical Research Centre)
ICMR, Port Blair, Andaman

FELICITATION

Dr. S. BHUMINATHAN, M.D.S., Ph.D., Registrar, BIHER
Dr. P.SASIKUMAR., MS(GS), DNB., Ph.D. DEAN,
Sree Balaji Medical College & Hospital, BIHER.
Dr. SURESH, Pro VC, Research, BIHER

FOLLOWED BY PLENARY SESSION

DAY I (25.03.2026)	
PL. SESSION I (9am - 10.40am)	Global Research Initiatives - Exploring Challenges & Cutting Edge to Promote Research Culture Dr. Muruganantham, Scientist E, RMRC (Regional Medical Research Centre) ICMR, Port Blair, Andaman
PL. SESSION II (12pm-1.15pm)	Grand scenarios in implementation of Research Findings Dr. Ashok Gnanasekaran , Professor of Microbiology & Research Director, Centre for Biomedical & Clinical Research (CBCR) Quest International University, Perak, Malaysia
PL. SESSION III (2.15pm-3.15pm)	National Funding Agencies Collaboration & Operations Dr. Savanna Matheshwaran, Associate Professor, Department of Biological Sciences & Biorengineering, IIT Kanpur
PL. SESSION IV (3.15pm-4.30pm)	Challenges in Costing Evaluation & Remedies to Enhance Quality Research. Dr. Trambhoji, A. Assistant Professor, University of Bisha, Kingdom of Saudi Arabia
DAY II (25.03.2026)	
PL. SESSION V (9am-10am)	Frontiers in Science: Creating Clinical Evidence - A Case Study Report Dr. Betty Joseph, Director Resident Care, Country of Simcoe, Ontario, Canada
PL. SESSION VI (10.30am-11.30am)	Introduction & Quantitative Nursing Research Design Dr. Arockiamary Ignatimithu, Assistant Professor, Faculty of Health Sciences, Vellore College, Maldives
PL. SESSION VII (11.30am-12.30pm)	Review of Qualitative Nursing Research Design Dr. Sija Binoy, Assistant Professor, College of Nursing, Gulf Medical University Ajman, UAE
PL. SESSION VIII (12.30pm-1.30pm)	Broadening The Wings of Scientific Empowerment Incorporating Technological Advancements Ms. Jathe Phillips, Advanced Nurse Practitioner, Windsor Research Unit.

VALEDICTORY SESSION

Dr.V.Hemavathy,
Dean Cum Principal, SBCN,
BIHER, Chrompet, Chennai.

VOTE OF THANKS

SREE BALAJI COLLEGE OF NURSING (BIHER)-NEWS LETTER

<p>CONFERENCERS</p> <p>Dr. C. Jegatha, Dept. of Community Health Nursing Mrs. B. Dhanalakshmi, Dept. of Community Health Nursing Mrs. V. Tamilkodi, Dept. of Community Health Nursing Mrs. V. Vasodha, Dept. of Community Health Nursing Mrs. Binipaul V. J., Dept. of Paediatric Nursing Mrs. D. Tamilselvi, Dept. of Paediatric Nursing Mrs. R. Bindhiya, Dept. of Paediatric Nursing Mrs. Ariya S Kirup, Dept. of Paediatric Nursing Mrs. K. Punitha, Dept. of Paediatric Nursing</p>	<p>CONFERENCE TREASURER</p> <p>Mrs. Ramani R., Dept. of Medical Surgical Nursing Dr. Ajitha Nancy Rani, Dept. of Mental health Nursing Dr. Priyadarshini, Dept. of Obstetrics & Gynaecological Nursing Mrs. Margreet Tratchev, Dept. of Medical Surgical Nursing Mrs. Deborah Mercy, Dept. of Medical Surgical Nursing</p>	 
<p>SCIENTIFIC CHAIR</p> <p>Dr. K.R. Vasantha Kohila, HOD, Dept. of Community Health Nursing Dr. Nimmi R. HOD, Dept. of Obstetrics & Gynaecological Nursing Dr. Ajitha Kumari .G, Dept. of Mental health Nursing Dr. Saradha Devi S, Dept. of Mental health Nursing Mrs. Pappayyvarani S, Dept. of Obstetrics & Gynaecological Nursing Mrs. P. Deepa, Dept. of Obstetrics & Gynaecological Nursing Mrs. R. Saranya, Dept. of Obstetrics & Gynaecological Nursing Mrs. Pauline Shaela Priya, Dept. of Medical Surgical Nursing Mrs. Vijayalakshmi K. S, Dept. of community health nursing</p>	<p>TECHNICAL COMMITTEE</p> <p>Mrs. S. Uma Maheswari, Dept. of Community Health Nursing Mrs. P.N. Anjali, Dept. of Pediatric Nursing Mrs. K. Sujashree, Dept. of Pediatric Nursing Mrs. V. Prathiba, Dept. of Pediatric Nursing</p>	<p>SREE BALAJI COLLEGE OF NURSING BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH (BIHER) (Deemed to be University)</p> <p>INTERNATIONAL CONFERENCE ON FRONTIERS IN GLOBAL RESEARCH LEADING INNOVATION DEVELOPMENT & EVIDENCE"</p> <p>25th & 26th MARCH 2026</p> <p>VENUE: SREE BALAJI COLLEGE OF NURSING – ONLINE</p> <p>TIME: 8.00 AM - 5.00 PM</p> <p>Click here to join</p> <p>DAY-1 https://teams.microsoft.com/meet/4578977744835270-mvh81fMIKSKQ21RWDH</p> <p>DAY-2 https://teams.microsoft.com/meet/49024962626692a-MdChVmsYmsDm2M1G</p>
<p>CALL FOR ABSTRACT</p> <p>Abstracts are invited from researchers and students for scientific paper presentations. The abstract must be submitted in 1980 format with Times New Roman, Font size 12 not exceeding more than 500 words. The selected abstract will be invited for submission of full length of manuscript for application with ISBN no. Interested participants are requested to send the abstract in proper format at: sbcnconference2026@gmail.com</p> <p>CONTACT US Dr. Ajitha Nancy Rani Sree Balaji College of Nursing BIHER, 9094676767, 8610494820 psychiatrysbcn2019@gmail.com</p>		<p>ORGANIZED BY: SREE BALAJI COLLEGE OF NURSING BIHER NO.7, WORKS ROAD, CHEROORRY, CHENNAI-74, INDIA.</p>

RECEPTION COMMITTEE ALONG WITH PRINCIPAL



TAMILTHAI VAZHTHU



Followed by registration the Inaugural function starts at 9:00 am., Dr. V.Hemavathy Principal Sree Balaji college of Nursing, Dr. Vasanthakohila KR Head Department of community health nursing , Dr. Semmalar Head department of medical & surgical Nursing , Dr. Nimmi Head department of OBG nursing, Prof. Binipaul Head department of Paediatric Nursing, Dr. Ramani Head department of fundamental nursing lit the lamp and gave the felicitation

LIGHTING THE KUTHU VILAKKU





HONOURING THE PRINCIPAL

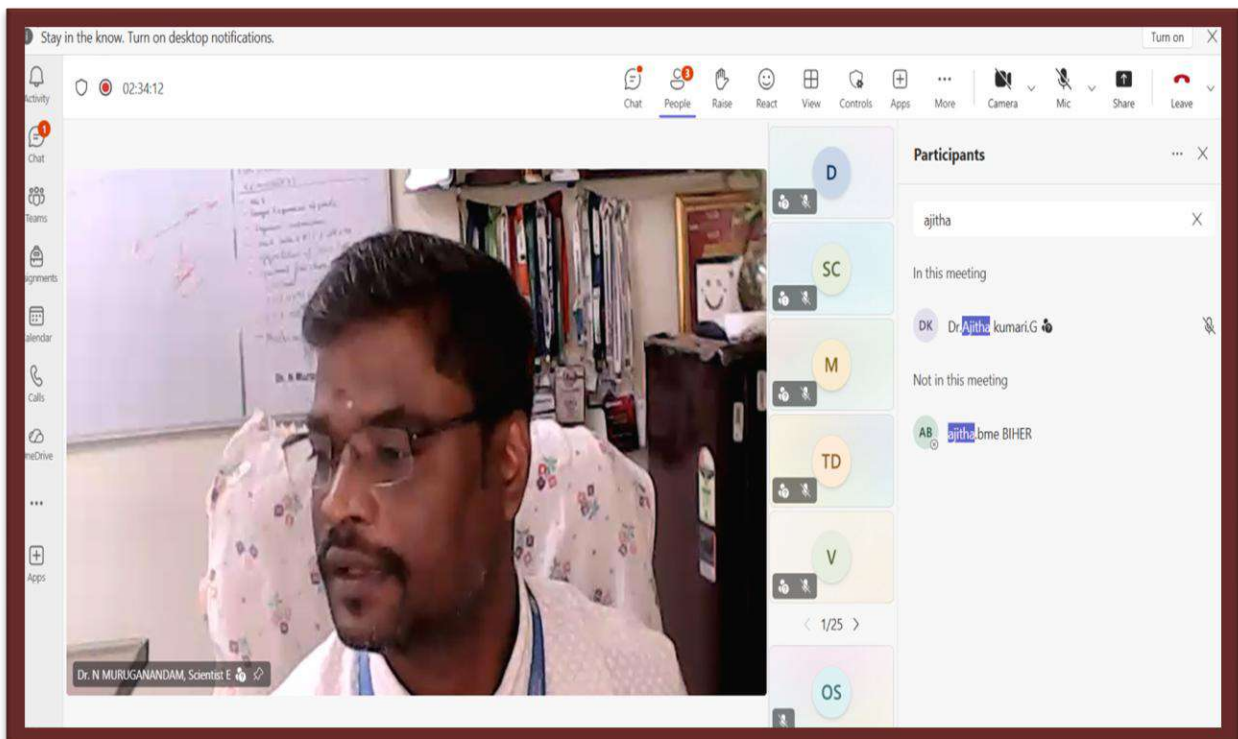
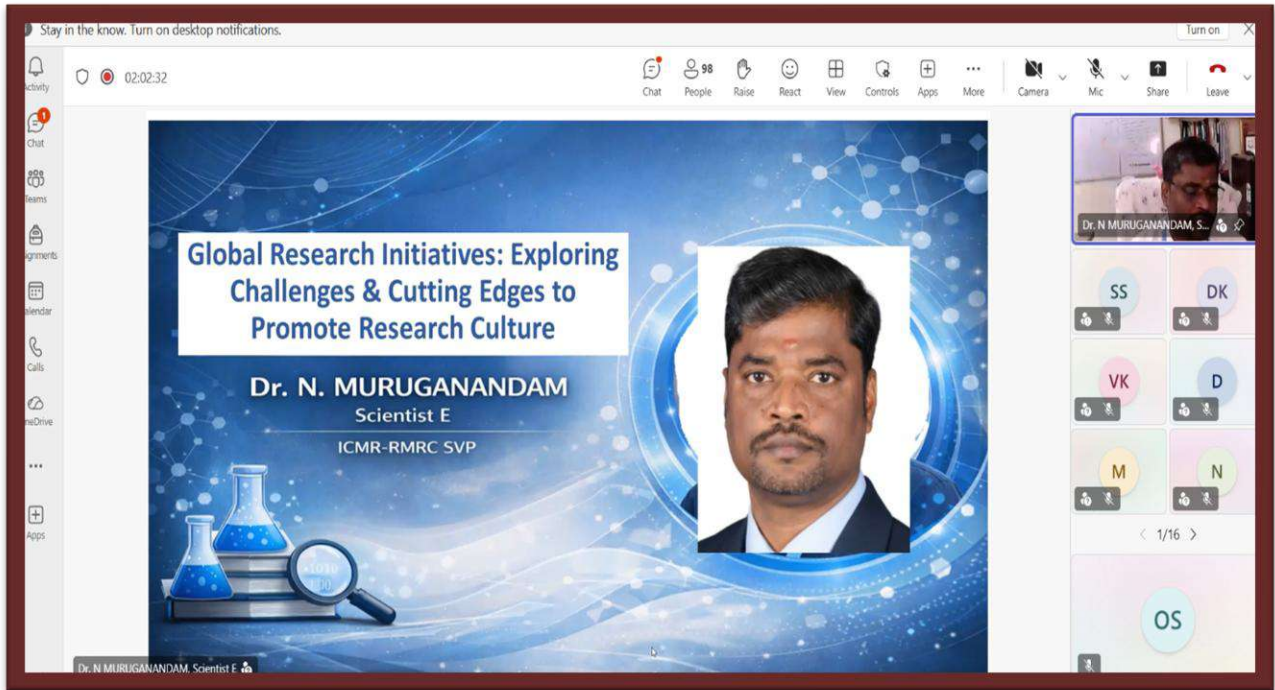


After the inaugural principal [Dr. V.Hemavathy](#) delivered the welcome speech



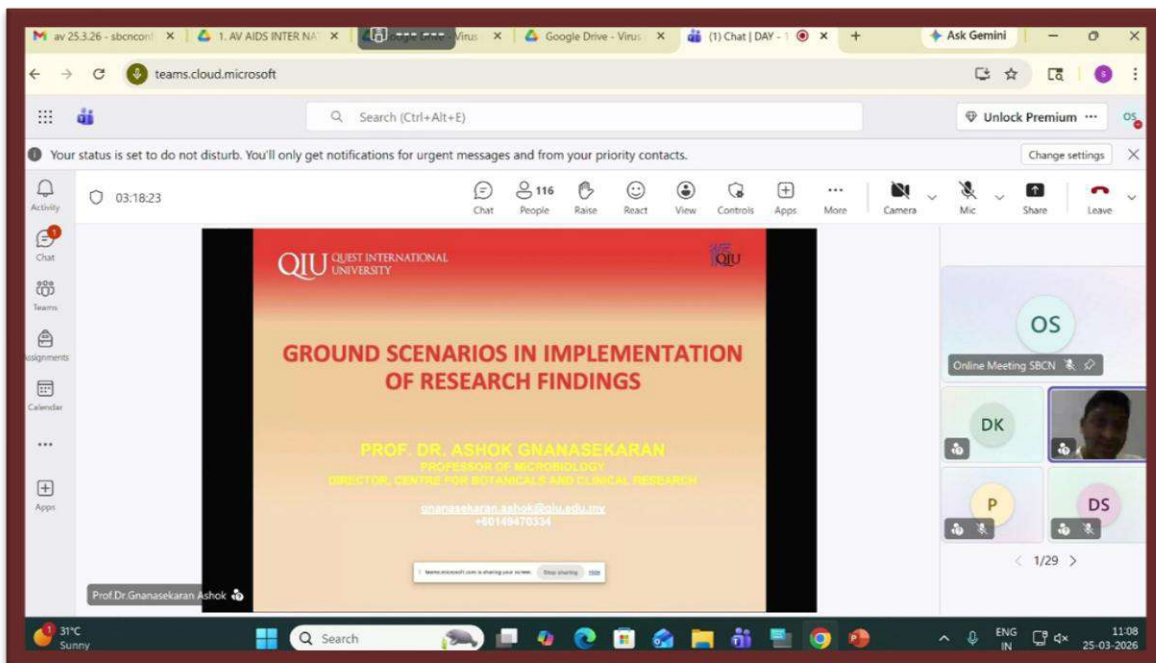
PLENARY SESSION I: (DAY 1)

Dr. Muruganantham, Scientist E, RMRC, ICMR, Port Blair, Andaman gave the key note address and presented topic on global research initiatives: Exploring challenges & cutting Edges to promote research culture



PLENARY SESSION II

Ground Scenarios in Implementation of Research Findings explained by **Dr.Ashok Gnanasekaran**, Professor of Microbiology & Research Director, Centre for Botanicals & Clinical Research (CBCR) Quest International University , Perak Malaysia



PLENARY SESSION III

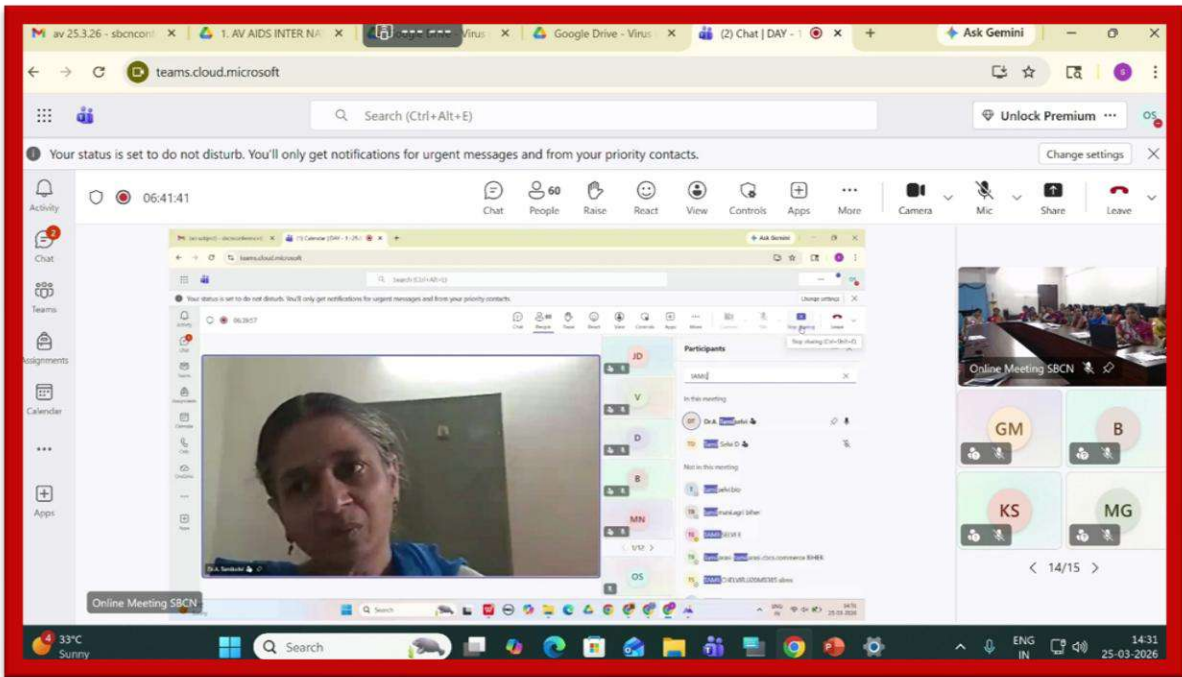
Dr. Savanna Matheshwaran, Associate Professor, Department. of Biological Sciences & Bioengineering, IIT Kanpur discoursed about National Funding Agencies Collaboration & Operations



PLENARY SESSION IV

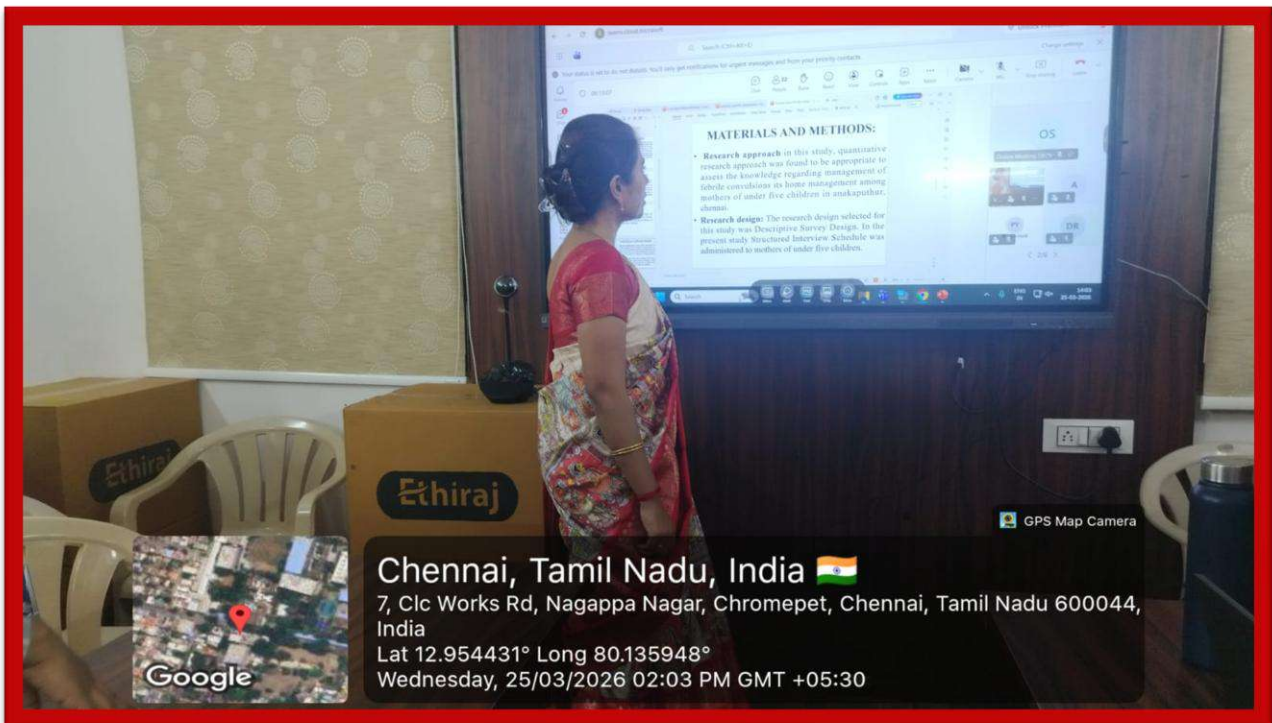
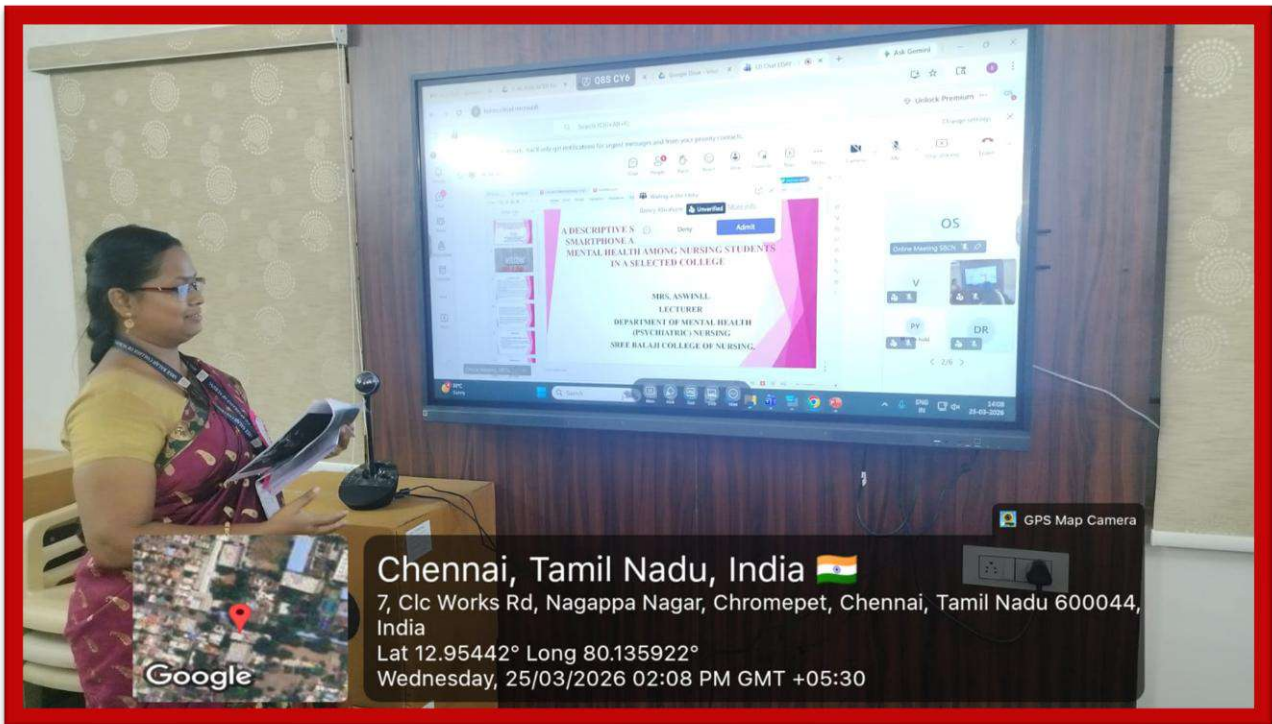
Dr. Tamilselvi. A, Assistant Professor, University of Bisha, Kingdom of Saudi Arabia discussed about Challenges in Creating Evidence & Remedies to Enhance Quality Research.





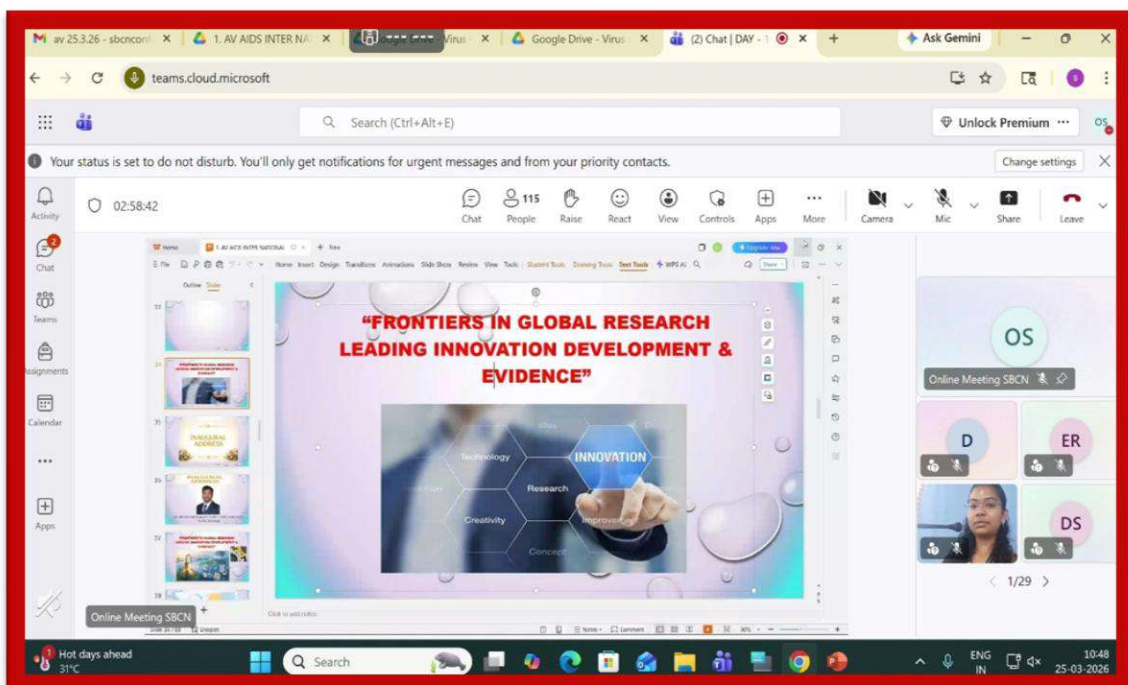
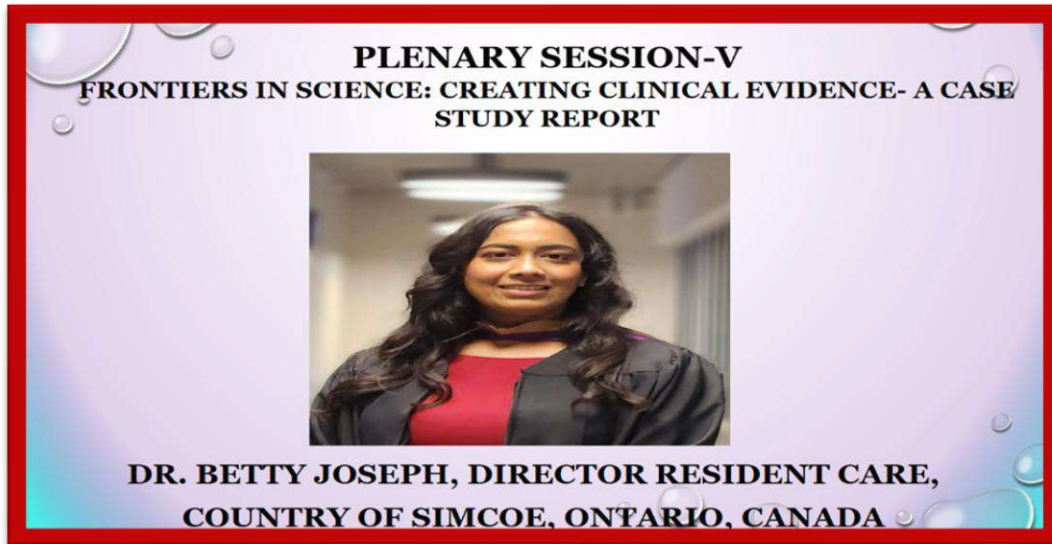
SCIENTIFIC SESSION (DAY 1)

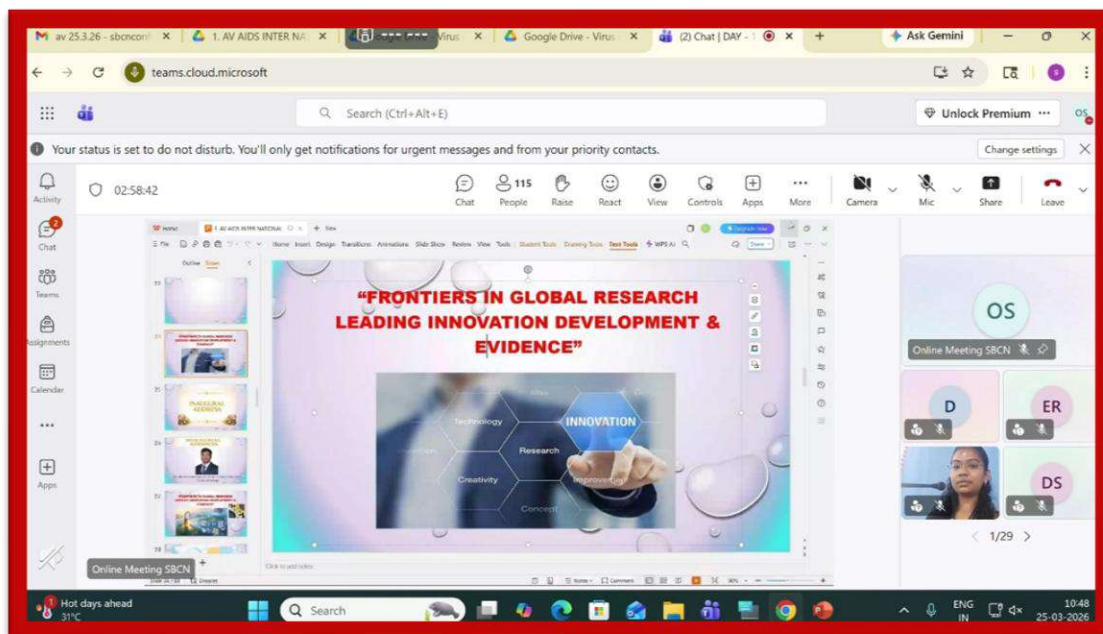
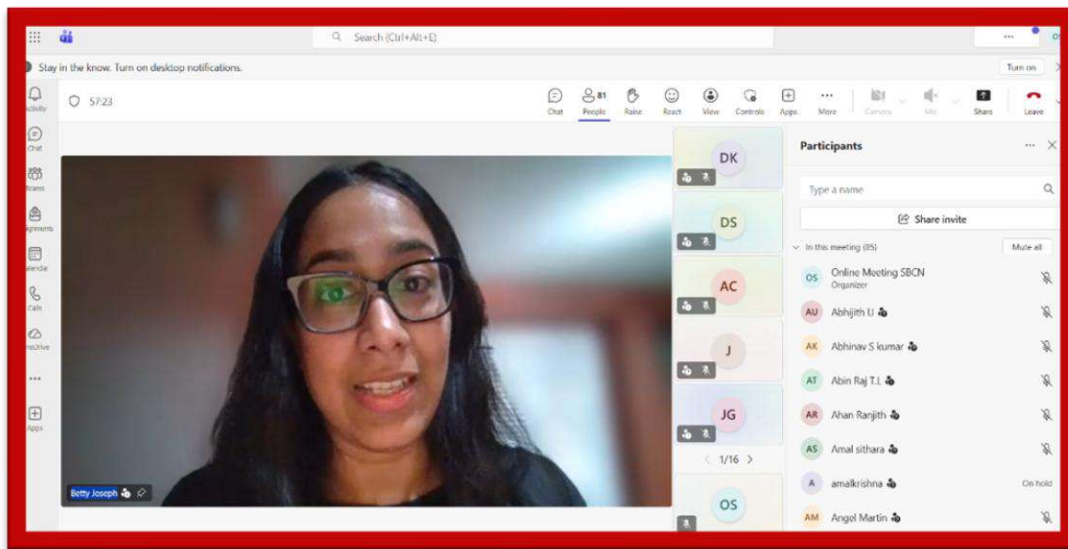




PLENARY SESSION V (Day 2)

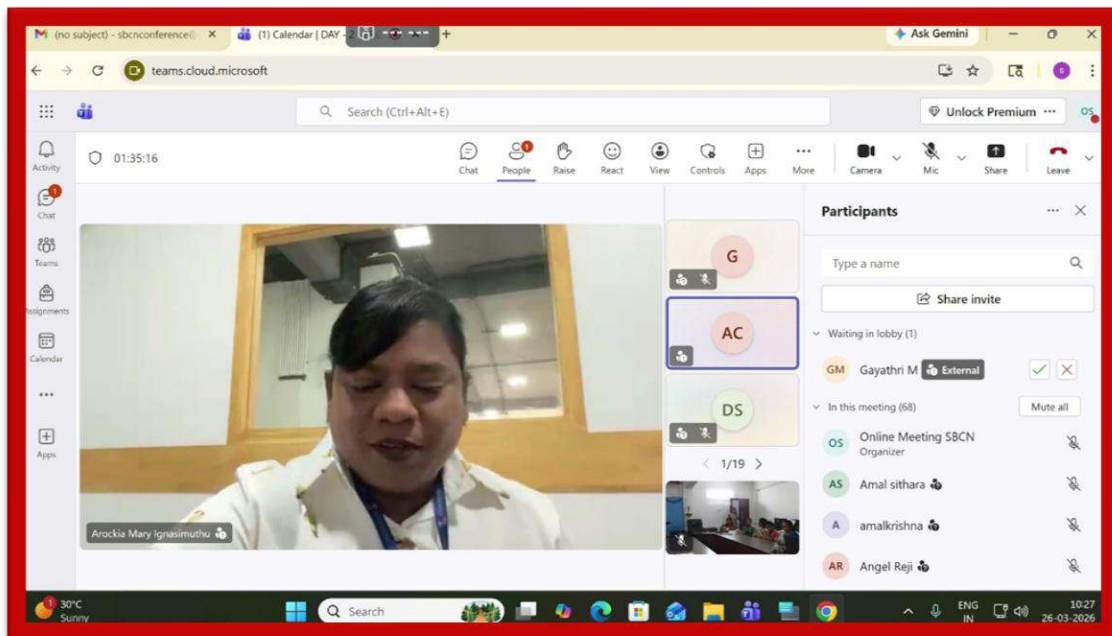
Dr. Betty Joseph, Director Resident Care, Country of Simcoe, Ontario, Canada articulated about Frontiers in Science: Creating Clinical Evidence – A Case Study Report





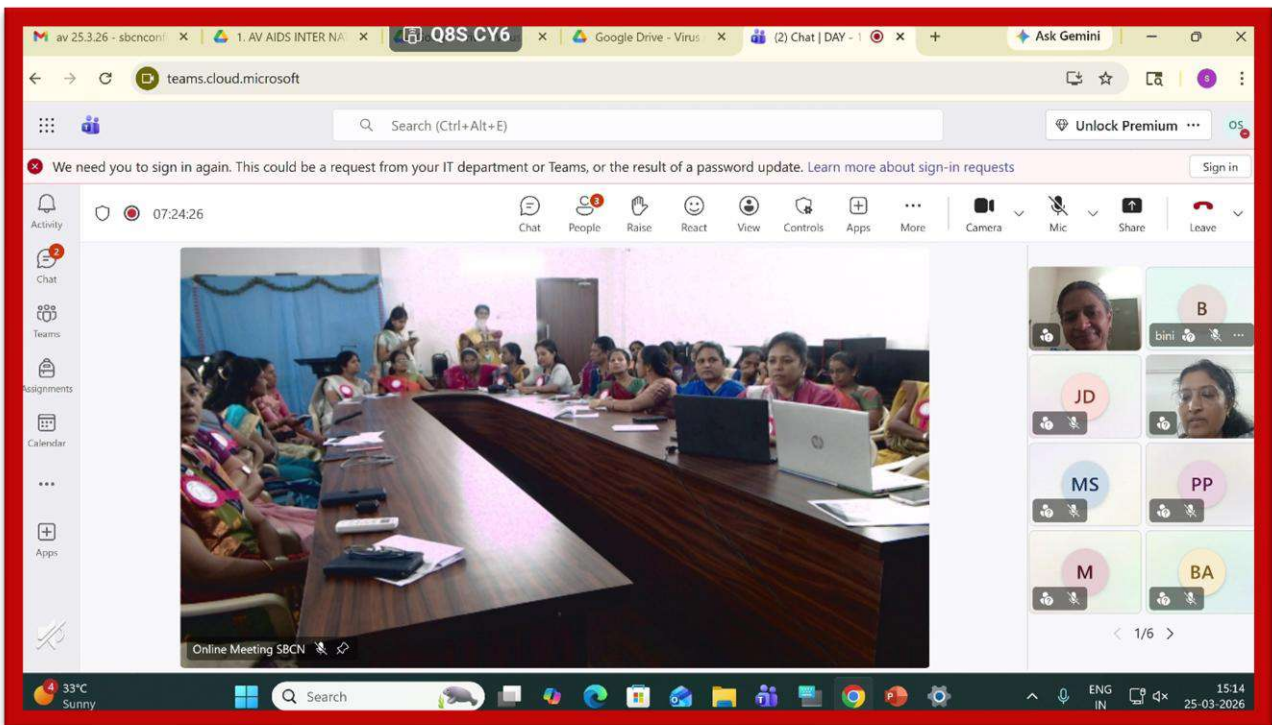
PLENARY SESSION VI

Dr. Arockiamary Ignasimuthu, Assistant Professor, Faculty of Health Sciences, Villa College, Maldives inculcated about Introduction & Quantitative Nursing Research Design.



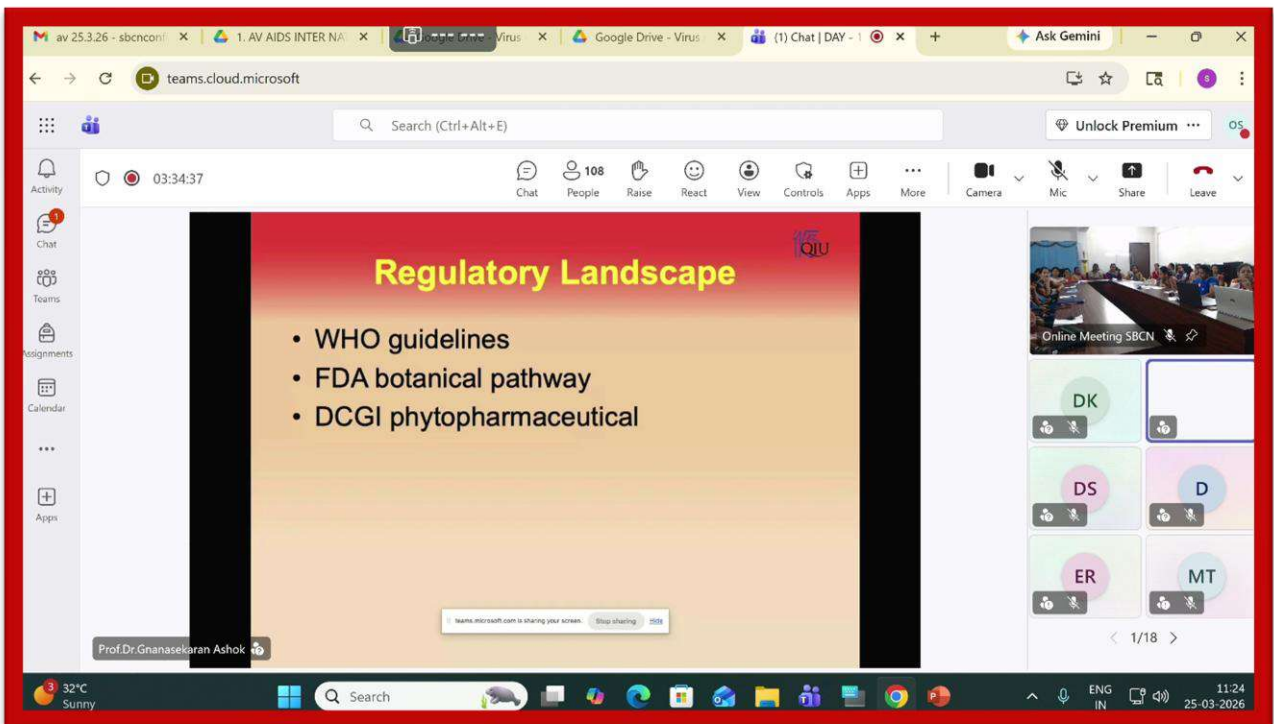
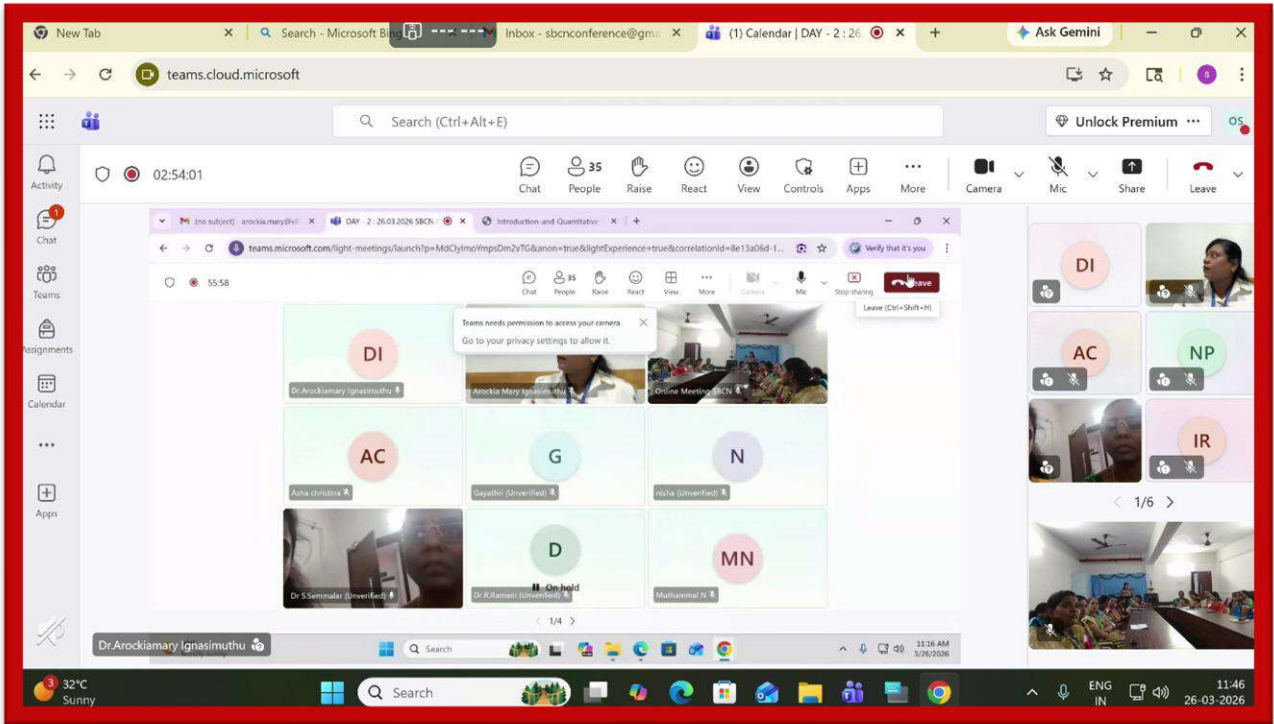
PLENARY SESSION VII

Dr. Sija Binoy, Assistant Professor, College of Nursing, Gulf Medical University Ajman, UAE presented about Review of Qualitative Nursing Research Design



PLENARY SESSION VIII

Ms. Julie Philips, Advanced Nurse Practitioner, Windsor Research Unit explained about Broadening The Wings of Scientific Exploration Incorporating Technological Advancements



SCIENTIFIC SESSION (DAY 2)



Valedictory Function

On 26.03.2026 after the scientific paper presentation Valedictory function held.

CERTIFICATE DISTRIBUTION





NATIONAL ANTHEM



**INTERNATIONAL CONFERENCE ON FRONTIERS IN GLOBAL RESEARCH LEADING
INNOVATION DEVELOPMENT AND EVIDENCE**

SCIENTIFIC PAPER PRESENTATION SCIENTIFIC SESSION – I

DAY – I (25/3/2025) HALL – I

Time: 1.15 PM-2.05 PM

Moderators: Dr. K. R VASANTHA KOHILA AND Dr R. NIMMI

S.NO	TIME	TOPIC/PRESENTER	NAME OF STUDENT
1	1.15-1.20 pm	pregnant womens knowledge on obstetrical danger signs –a cross sectional survey	Christina linsey.J
2	1.20-1.25 pm	effect of postpartum depression on womens mental health and physical health-four years after child birth	Gayathri.R
3.	1.25-1.30 pm	knowledge and practices of women regarding risk factors of uterine prolapse	Jayashree
4	1.35-1.40 pm	a study to evaluate the effectiveness of information education and communication package of knowledge regarding rainbow nutrition among mothers of school age children	Jefiya Arputham D
5	1.40-1.45 pm	a quasi-experimental study to evaluate the effectiveness of audio visual education on anxiety among patients undergoing coronary angioplasty	Malini J
6	1.45-1.50 pm	to compare the effectiveness of incentive spirometry and inspiratory muscle trainer in patients with chronic obstructive pulmonary disease	Monika .N
7	1.55-2.00 pm	work related disability among patient with arthritis	Anuradha
8.	2.00-2.05 pm	compliance status and risk status of stroke among hypertensive patients	Rama
9.	1.50-1.55 pm	attitude towards screening on reproductive tracts diseases among women	Sangavi

DAY – I (25/3/2025) HALL – I

Time: 2.15 PM-3.10 PM

Moderators: MRS.DHANALAKSHMIS & MRS.TAMILSELVI

S.NO	TIME	TOPIC/PRESENTER	NAME OF FACULTY
1.	2.15-2.20 pm	A Comparative Study to Assess the Knowledge on Child Abuse and Its Prevention Among Mothers Residing in Urban and Rural Community	Mrs.Gayathri
2.	2.20-2.25 pm	To assess the knowledge of polycystic ovary syndrome among higher secondary school students.	Mrs.Elizabeth
3.	2.25-2.30 pm	A comparative study to assess the knowledge on mumps among rural and urban community	Mrs.Swathi
4.	2.30-2.35 pm	A Study to Assess the Level of Knowledge Regarding Basic Life Support Among First- Year B.Sc. Nursing Students at Sree Balaji College of Nursing, Chrompet, Chennai.	Mrs .Pavithra
5.	2.35-2.40 pm	A Study to Evaluate the Effectiveness of Leg Stretching Exercises and Foot Massage in Reducing Intradialytic Leg Muscle Cramp among Patients Undergoing Hemodialysis in a selected Hospital at Chennai.	Mrs. Muthammal
6.	2.40-2.45 pm	A study to assess the knowledge regarding the management and prevention of chronic obstructive pulmonary disease among the adults in a selected hospital at Chennai	Ms.Juli
7.	2.45-2.50 pm	A descriptive study to assess the level of smartphone addiction and its impact on mental health among nursing students in a selected college	Mrs. Aswini
8.	2.50-2.55 pm	A study to assess the effect of music therapy on anxiety levels among first year nursing students in selected nursing college, Chennai	Mrs. Isabel Monica
9.	2.55-3.00 pm	A study to assess the effectiveness of structured teaching programme on knowledge and management of cirrhosis of liver clients at sree balaji medical college and hospital	Mrs. Nisharani
10.	3.00-3.05 pm	“A Study to Assess the Knowledge Regarding Encephalitis Among Nursing Students at Sree Balaji College of Nursing Chrompet Chennai”	Mrs. Mary Ann
11.	3.05-3.10 pm	A study to assess the knowledge regarding anemia and its management among adolescent girls in selected school chrompet in chennai	Mrs.Gayathri.M .

SCIENTIFIC PAPER PRESENTATION SCIENTIFIC SESSION - II

DAY – II (26/3/2026) HALL – II

Time: 12.30- 1.25 PM

Moderators: MRS BINIPAL V.J & MRS. V. TAMILKODI

S.NO	TIME	TOPIC/PRESENTER	NAME OF FACULTY
1.	12.30-12.35 PM	A study to evaluate the effectiveness of jacobson’s progressive muscle relaxation (jpmr) on the levels of stress and coping mechanisms among caregivers of chronically ill patients admitted in selected hospital	Mrs. Regina
2.	12.35-12.40 PM	A Study to Assess the Level of Knowledge Regarding Activities Promoting Mental Health Among Women Living in A Selected Urban Community at Chennai	Mrs. Dhatchayani
3.	12.40-12.45 PM	A descriptive study to assess behavioral problems among college students in a selected college	Mrs.Bency Abraham
4.	12.45-12.50 PM	Effect of preoperative dexmedetomidine nebulisation on the hemodynamic response to laryngoscopy and intubation - a prospective observational study	Mrs.Latha
5.	12.50-12.55 PM	A Study to Assess the Effectiveness of Video Assisted Teaching Program on Postpartum Minor Discomforts of Primipara Mothers Among Normal and High Risk Primigravida Mothers in Selected Hospital, In Chennai	Mrs.Asha Christina
6.	12.55-1.00 PM	A descriptive study to assess the awareness on developmental delay in infants among the parents of infants attending the vaccination OPD Of Sree Balaji Medical College and Hospital,	Mrs. Anjani
7.	1.00-1.05 PM	A comparative study to assess the level of academic stress between nursing students and non-nursing students in a selected educational institution	Mrs. Dhanya
8.	1.05-1.10 PM	A Study to Evaluate Knowledge and Reported Practice of First Aid Measures for Fire Accident Injuries Among First- Year Undergraduate Students in Sree Balaji College of Nursing.	Mrs. Subashini
9.	1.10-1.15 PM	A study to assess the attitudes of nursing students towards clinical simulation- based learning in sree Balaji college of nursing, Chennai	Mrs.Prathipa
10.	1.15-1.20 PM	Blood Pressure Management among Cardiac Patients in Urban Community, Chennai.	Dr.Vijayalakshmi
11.	1.20-1.25PM	A descriptive study to assess the knowledge on prevention and complications of obesity among adult population in outpatient department at sbmch, chennai	Mrs. Pauline sheela

SCIENTIFIC PAPER PRESENTATION SCIENTIFIC SESSION - III

DAY – 2 (26/03/2026) HALL – II

TIME 1.25 PM – 2.15 PM

MODERATORS: MRS. S. PAPPY YUVARANI & DR. AJITHA NANCY RANI

S.NO	TIME	TOPIC/PRESENTER	NAME OF FACULTY
1.	1.20-1.25 pm	A descriptive study to assess the knowledge on febrile convulsions and its home management among mothers of under-five children in Anakaputhur, Chennai.	Mrs. Punitha
2.	1.25-1.30 pm	A study to assess the effectiveness of planned teaching programme on knowledge regarding gastroenteritis among caretakers of under-five children at Sree Balaji Medical College And Hospital, Chrompet, Chennai	Mrs.Ariya
3.	1.30-1.35 pm	A Descriptive Study to Assess Knowledge of Staff Nurses Regarding Partograph Use	Mrs. Saranya
4.	1.35-1.40 pm	A Study to Assess Knowledge Regarding Birth Companion Concept	Mrs. Deepa
5.	1.40-1.45 pm	A study to assess the effectiveness of structured teaching programme and demonstration on the levels of knowledge and practice regarding hand washing among school aged children, at Hilton matriculation school, chrompet, chennai- 44.	Mrs.Bindhiya
6.	1.45-1.50 pm	A Study to Assess the Knowledge Regarding Infection Control Practices Among B.Sc. Nursing 1st Year Students	Mrs.Uma Maheswari
7.	1.50-1.55 pm	A study to assess the effectiveness of a Structured teaching programme on knowledge Regarding hazards of junk foods among the mothers of children (aged 2–16 years) admitted at Sree balaji medical college and hospital, Chrompet, Chennai.	Mrs Tamilselvi .D
8.	1.55-2.00 pm	A Study to Assess Knowledge Regarding Impact Of online Gaming And Social Media Addiction Among Teenagers At Sree Balaji College Of Nursing -	Mrs.Yasodha
9.	2.00-2.05 pm	A descriptive study to assess the knowledge and self care practices among patients with diabetes mellitus in a selected hospital	Mrs.Deborah Mercy Bai
10.	2.05-2.10 pm	A study to assess the level of knowledge on control and preventive measures of diabetes mellitus among above 30 years people in Sree Balaji Medical College And Hospital At Chrompet, Chennai	Mrs.Margreat Thacher
11.	2.10-2.15 pm	A study to assess the knowledge regarding digital literacy among senior citizens in selected rural community	Mrs.Dhanalakshmi

SCIENTIFIC PAPER PRESENTATION SCIENTIFIC SESSION - IV**DAY – 2 (26/03/026) HALL – II****TIME: 2.15 PM- 3 PM****MODERATORS: DR .C. JEGATHA & DR. RAMANI.R**

S.NO	TIME	TOPIC/PRESENTER	NAME OF FACULTY
1.	2.15 -2.20 pm	A Descriptive Study to Assess the Awareness of Mobile Health Apps for Pregnancy Monitoring among Antenatal Mothers	Mrs.Pappy Yuvarani
2.	2.20 -2.25 pm	A Study to Assess the Knowledge Regarding Post-Partum Depression Among Postnatal Mothers at Primary Health Centre, Chennai.	Mrs.Tamilkodi
3.	2.25 -2.30 pm	Assess the effectiveness of structured teaching programme on knowledge on prevention of road traffic accident among school going children in Hilton matriculation school Chrompet, Chennai.	Mrs.Binipaul
4.	2.30 -2.35pm	Research in psychiatric nursing	Dr.Ajitha Kumari
5.	2.35 -2.40pm	Effectiveness Of Progressive Muscle Relaxation Technique On Mentally Ill Patients	Dr.Saradha Devi
6.	2.40 -2.45 pm	A Descriptive Study On Knowledge Of Labor Pain Management Methods Among Mothers	Dr..P. Priyadarshini
7.	2.45 -2.50 pm	A study to assess the knowledge regarding smile scheme among adults at urban community Anagaputhur, Chennai	Dr.Jegatha.C
8.	2.50 -2.55 pm	The Adjustment Problems and Their Coping Strategies Among Adolescence Residing in Orphanages	Dr. Ajitha Nancy
9.	2.55-3.00 pm	Prevalence of hypertensive complications among hypertensive clients in urban population	Dr Semmalar.S

SCIENTIFIC PAPER PRESENTATION SCIENTIFIC SESSION - V

DAY – 2 (26/03/2026) HALL – II

TIME: 3.00 PM TO 3.25 PM

MODERATORS: DR.V. HEMAVATHY, & DR. S. SEMMALAR

1	3.00 - 3.05 PM	Effectiveness of selected nursing interventions on Fatigue And Quality Of Life among chronic renal failure patients undergoing Haemodialysis in a selected hospital at Chennai.	DR.R.Ramani
2	3.10-3.15 PM	A Descriptive Study to Assess the Knowledge of Staff Nurses Regarding AI in Fetal Monitoring and Risk Prediction	Dr.R.Nimmi
3	3.15-3.20 PM	A study to assess the knowledge regarding anemia among adolescent girl in rural area padappai at chennai	Dr.Vasantha Kohila
4	3.20 -3.25 PM	Microbial Activity Of Homemade Ragi(Finger Millet)Cookie-A Formulated Cereal Based Cookie	Dr Anitha.D

FEB- MAR 2026 - PATENT

YEAR	DESIGN PATENT		
	PROCESSING	PUBLISHED	GRANTED
2026	22	-	3
TOTAL	22	-	3

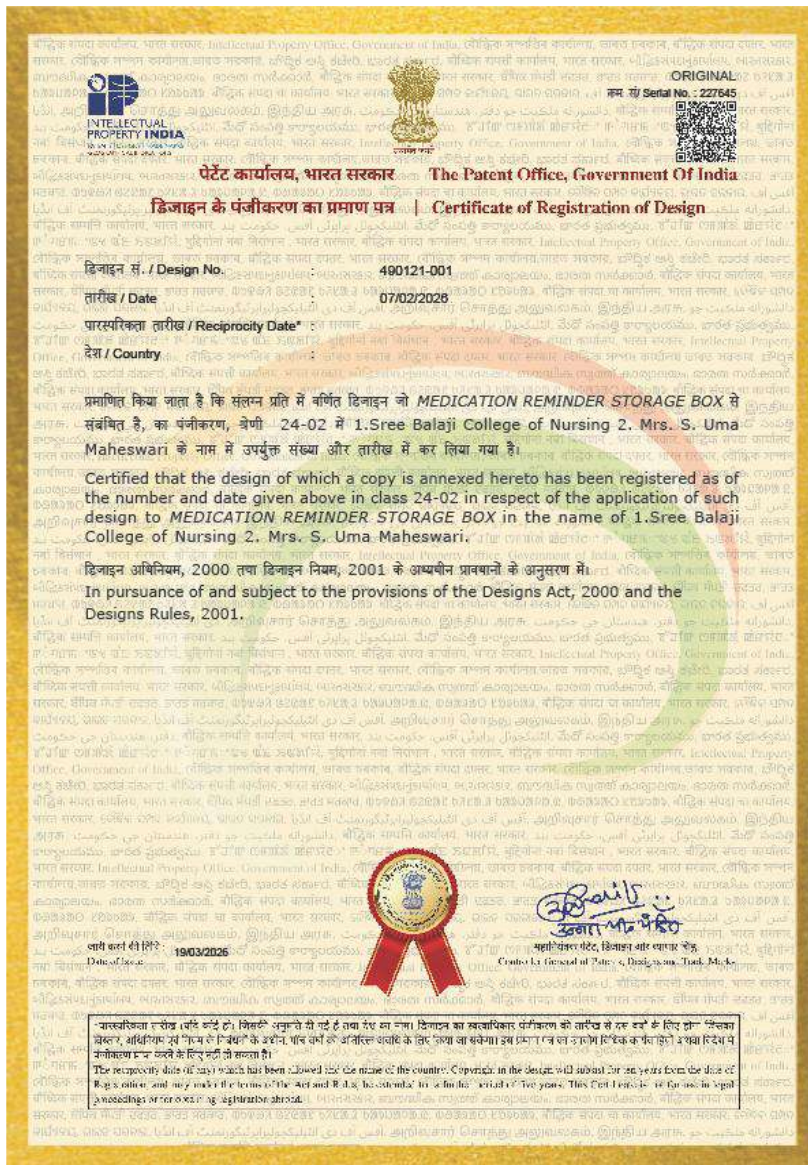
S.NO	NAME	TOPIC	NATURE OF PATENT	PATENT NO	FILED	PUBLISHED	GRANTED
1	MRS. T. DEBORAH MERCY BAI	MEDICAL WRITING PEN	DESIGN	490275-001	-----	-----	GRANTED 8.2.2026
2	DR.NIMMI R	MULTI PURPOSE NURSING UTILITY BELT	DESIGN	487914-001	-----	-----	GRANTED 19.03.2026
3	MRS. S. UMA MAHESWARI	MEDICATION REMINDER STORAGE BOX	DESIGN	490121-001	-----	-----	GRANTED 19.03.2026



Applicant Detail

Sl. No.	APPLICANT NAME	APPLICANT ADDRESS
1	SREE BALAJI COLLEGE OF NURSING	No.7, CLC Works Road, Chromept, Chennai, Tamilnadu-600044
2	Dr. Nimmi R	Professor, SREE BALAJI COLLEGE OF NURSING, No.7, CLC Works Road, Chromept, Chennai, Tamilnadu-600044

Priority Details




Applicant Detail


Sl. No.	APPLICANT NAME	APPLICANT ADDRESS
1	Sree Balaji College of Nursing	No.7, CLC Works Road, Chromepet, Chennai, Tamilnadu-600044
2	Mrs. S. Uma Maheswari	Professor, Sree Balaji College of Nursing, No.7, CLC Works Road, Chromepet, Chennai, Tamilnadu-600044

REPORT ON STUDENT NURSES EMPOWERMENT SERIES


DATE : 28.03.2026
TIMING : 11:00 am – 12:30 pm
VENUE : B. Sc (N) IV YEAR CLASS ROOM
NO: OF STUDENTS : B. Sc (N) IV YEAR – 100 STUDENTS




**Tamil Nadu Nurses and Midwives
Council in collaboration with
ECHO India
is Organizing**




Student Nurses Empowerment Series





- Saturday, 28th March 2026
- 11:00 AM to 12:30 PM
- (Frequency: Once a month)



- Every 4th Saturday of the month
- Program Period: July 2025 to June 2026 (12 sessions total)

SESSION-09

S.No	Time	Topic	SPEAKER
1.	11:00am-11:10am	Introduction and Welcome Address	Dr. Reena Evency Principal, St. Xavier's Catholic College of Nursing, Chunkankadai, Kanyakumari
2.	11:10am-12:20pm	Topic: Your First 90 Days: Thriving in Your First Job	Mrs. Selma Thomas Nursing Superintendent, Sri Ramachandra Medical Centre (SRMC), Chennai.
3.	12:20pm-12:30pm	Vote of Thanks	Dr. Nesa Sathya Satchi

KINDLY JOIN BELOW :
<https://zoom.us/j/95824558733>

OVERVIEW

The TNNMC Student Nurses Empowerment Series is a monthly (July 2025 – June 2026) webinar initiative by the Tamil Nadu Nurses and Midwives Council in collaboration with ECHO India. It aims to boost clinical competence, assertiveness, and professional ethics among nursing students, with sessions scheduled for the fourth Saturday, focusing on mental health, patient advocacy, and leadership.



Key Details of the Empowerment Series

- ✚ **Organizer:** Tamil Nadu Nurses and Midwives Council (TNNMC).
- ✚ **Partnership:** ECHO India (virtual mentoring and knowledge networks).
- ✚ **Duration:** Monthly series running from July 2025 to June 2026, held on the 4th Saturday.
- ✚ **Goal:** Enhance leadership, communication skills, and personal power to empower student nurses.
- ✚ **Topics Covered:** Assertiveness & Patient Advocacy, Mental Well-being, and Self-Care Strategies.

✚ **Target Audience:** Nursing students across Tamil Nadu.

CORE AREAS OF EMPOWERMENT FOCUS

- ★ **Professionalism**: Strengthening ethical standards, patient advocacy, and professional conduct.
- ★ **Competence**: Enhancing clinical skills and knowledge of recent trends in the nursing profession.
- ★ **Mental Health**: Providing practical self-care strategies to manage stress.
- ★ **Leadership**: Training in administration and management to foster leadership skills.

CONTEXTUAL INITIATIVES

- ★ **Webinar Series 2025**: Interactive sessions aimed at bridging the gap between student life and professional nursing.
- ★ **Research Focus**: Previous initiatives showed that personal image, communication, and leadership training are key to increasing empowerment in B.Sc. nursing students

9th session - topic - YOUR FIRST 90 DAYS: THRIVING IN YOUR FIRST JOB

Thriving in your first 90 days—particularly during critical onboarding or "echo" sessions—requires a structured approach focused on learning, building relationships, and delivering early value. A 30-60-90 day plan is often used to break down this transition into manageable, actionable steps: 30 days for learning and observation, 30 days for contribution and application, and 30 days for ownership and initiative.

The first 90 days in a new job are critical for establishing credibility, understanding company culture, and delivering initial value. Focus on learning in days 1-30, contributing through quick wins in days 31-60, and proving your value by setting strategic goals and building relationships in days 61-90



Phase 1: Days 1–30 (Learn & Absorb)

Listen & Learn: Act like a sponge, focusing on understanding processes, team dynamics, and tools rather than immediately suggesting changes.

Build Relationships: Proactively schedule one-on-ones with your manager, teammates, and key stakeholders to understand their roles and expectations.

Understand Goals: Clarify what "success" looks like in your first 30/60/90 days and identify the top priorities.

Take Notes: Keep a "journal" of new jargon, processes, and insights to avoid asking the same questions repeatedly.

Phase 2: Days 31–60 (Contribute & Connect)

Seek Quick Wins: Identify small, visible projects you can complete to build credibility and demonstrate value.

Ask for Feedback: Specifically ask, "What's one thing I could improve?" Proactively seek feedback to ensure you are meeting expectations.

Show Initiative: Begin contributing to meetings and take on small, actionable tasks that align with team goals.

Phase 3: Days 61–90 (Propose & Plan)

Establish Reliability: Demonstrate consistent performance and start refining processes based on what you have learned.

Set Long-Term Goals: Transition from just learning to planning for the next 6 months, proposing solutions based on your insights.

Solidify Reputation: Actively manage your image as a proactive, dependable team member.



CONCLUSION:

A first 90 days in a new job presentation (often a 30-60-90-day plan) is a strategic roadmap outlining how you will learn, evaluate, and add value to a new role. It typically focuses on **learning** (days1-30), **contributing/evaluating** (days31-60), and **leading/transforming** (days 61-90). This structure proves you are proactive, organized, and results-oriented.

Adopt a "No-Surprises" Policy: Ensure your manager is aware of both your achievements and any potential roadblocks early.

Avoid Office Gossip: Steer clear of negative office dynamics.

Don't Fear Mistakes: Own your mistakes, learn from them, and move on.

Be Visible: Even in hybrid roles, make an effort to be present and engaged with colleagues in person, suggests